



KAISER PERMANENTE INITIATIVES

Kaiser Permanente opioid initiative goal



Ensure that we provide safe, appropriate care to our patients across the region and that we give physicians the tools and support needed for consistent opioid prescribing, monitoring and documentation.

The Physician Medical Group response

Region

Prescriber & patient education
Opioid practice resource & required workflows
Technology: documentation, decision support, panel / population management
Measurement & reporting

Facility

Opioid reports
Service agreements to support specialty referrals
Physician education
MA or other support for workflow steps
Multidisciplinary “opioid teams”
Chronic pain programs

Physician

Chronic opioid therapy workflow
New opioid starts workflow

Groundwork

PHYSICIAN PRACTICE
RESOURCE & REQUIRED
WORKFLOWS

IMPLEMENTATION
TEAMS

CURRICULUM

TOOLS
(JOB AID, REPORTS,
SMARTSET)

ONGOING
SUPPORT

KP PHYSICIAN TRAINING

- Full-day commitment
- Scope and risk
- Initiating chronic opioid therapy
- Ongoing management of chronic opioid therapy

Successful strategies

Individuals to help with tough cases

Interdisciplinary work group to oversee decisions

Coaching/education/support provided

Use of physician specific data

Consistency of message across physicians & administration

Success/progress to date

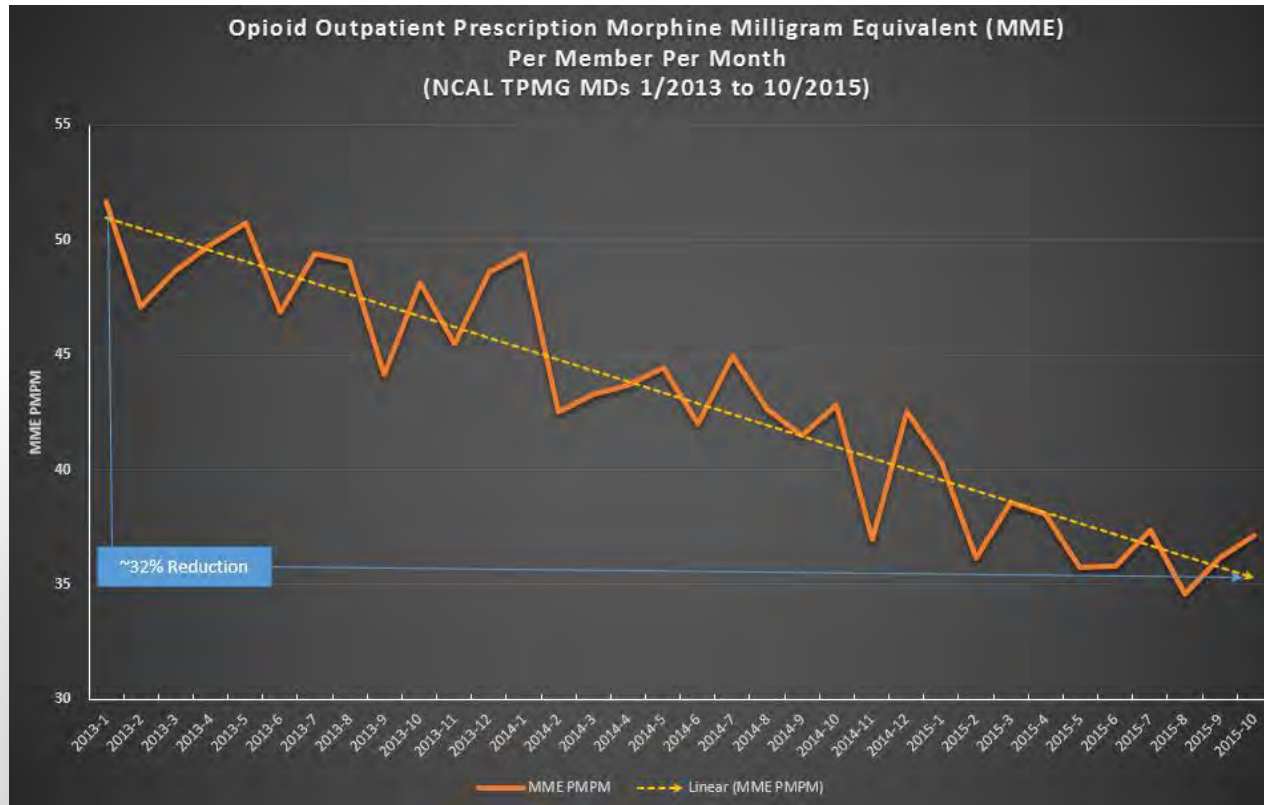
Adult and Family Medicine (AFM)

- Opioid safety workflow created
- Robust opioid safety curriculum delivered to AFM MDs throughout NCAL via online modules
- New hires strongly encouraged by leadership to take online education modules
- KP Health Connect tools to reinforce safe prescribing and monitoring
- Monthly distribution of dashboard report (aggregated by medical center) and patient lists to maintain focus and track progress

Emergency Department

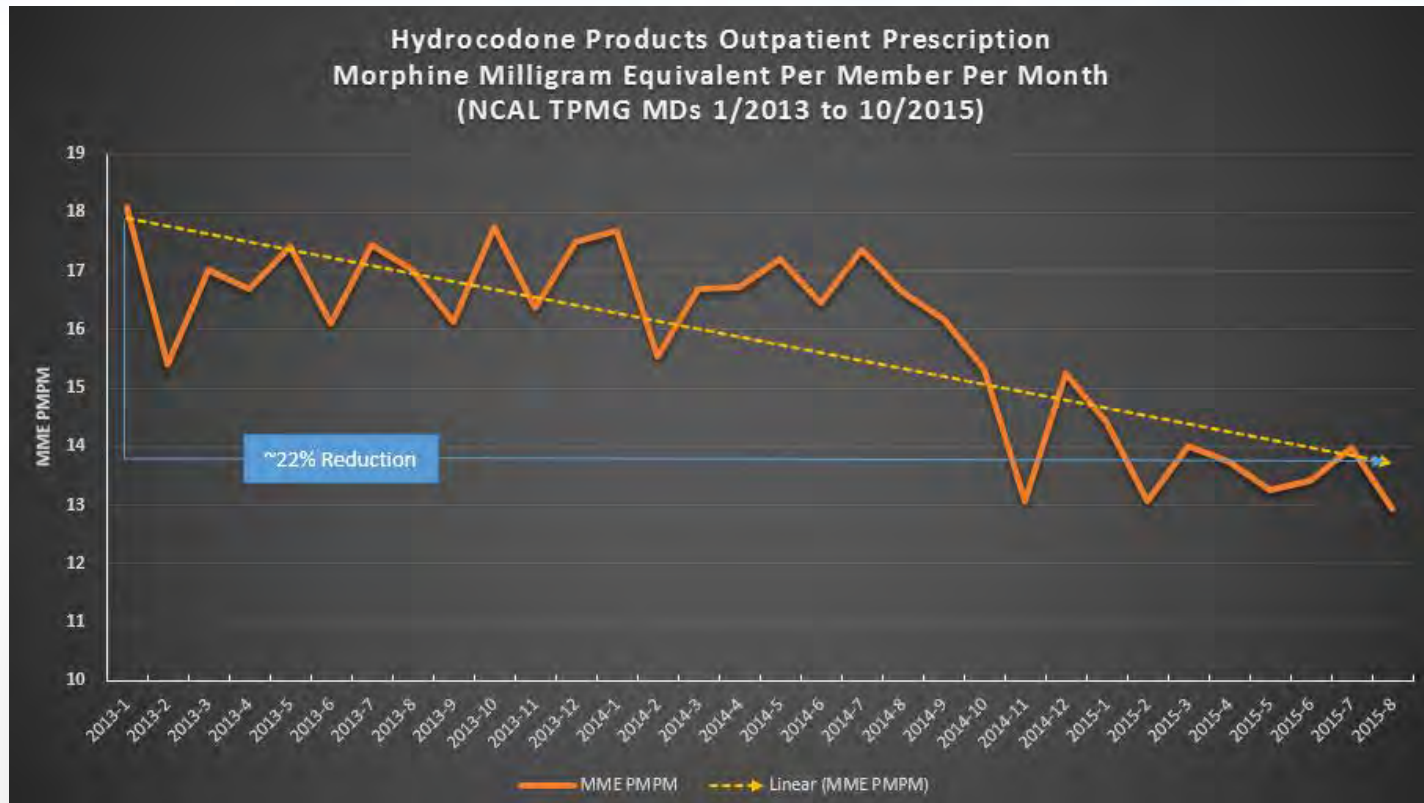
- Following similar pathway
- In initial phases
- Developing linkages to AFM when appropriate

Adult and family medicine – successes



Encouraging regional trends **32% reduction** average MME per member
(all opioids)

Adult and family medicine – successes



Encouraging regional trends **22% reduction** average MME per member
(hydrocodone)

Hydrocodone no longer the #1 prescribed medication in KP NCAL

2014 Orthopedic surgery recommendations

- **Practice safe and effective methods for discontinuing opioids**
 - *e.g., tapering, referrals to medication-assisted treatment, substance use specialists, or other services*
- **Minor orthopedic procedures**
 - *Goal: discontinue opioid therapy within 4 weeks*
- **Major orthopedic procedures**
 - *Goal: discontinue opioid therapy within 12 weeks*
- **At discharge**
 - *Consider prescribing minimal quantity (i.e. < 30 pills)*
 - *Re-evaluate patient status and pain management therapy at first post-op visit.*
- **At transition point from orthopedic to primary care**
 - *Orthopedic should issue pain management recommendation for primary care to consider*



**KAISER PERMANENTE OCCUPATIONAL HEALTH
OPIOID PRESCRIBING INITIATIVES**