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IBINFO

This monthly newsletter provides the latest IBI research, tools, and events to inform workforce health management decisions.

IBI/Conference Board Health and Productivity Forum Dates Announced

The IBI/Conference Board Health and Productivity Forum will take place this year on **September 15-16, 2020 at the Marriott Marquis Chicago** with pre-conference workshops being held in the afternoon of the 14th.

The Forum annually convenes more than 500 thought leaders, employers, and their industry partners to explore innovative solutions in managing the “whole picture” of health, wellbeing, productivity and business performance. Information about sponsorships and request for proposals for non-sponsored breakout sessions will be sent out on Thursday, January 30, and registration will open in late spring.

Stay tuned, save the date, and IBI hopes to see you in Chicago. For more information, please email forum@ibiweb.org.



2020 PBGH & IBI Regional Event: Biosimilars: The Next Frontier

This regional event will be held on **April 22, 2020 at the Oakland City Center Marriott**. Please mark your calendar. Details and registration information will be forthcoming. If you are interested in sponsorship opportunities, please contact Brandon Roberts at broberts@ibiweb.org.

Save
the
Date



2020 PBGH & IBI Regional Event:
Biosimilars: The Next Frontier

Wednesday, April 22, 2020

Oakland City Center Marriott
1001 Broadway,
Oakland, CA 94607

More details to follow.



IBI's 2020 Agenda

IBI has just completed its most successful year on record in 2019 and will be expanding staff and initiatives in 2020 to bring greater value to its members. As we move into 2020, please explore the agenda the Board of Directors recently adopted that will guide IBI's activities and programs for the year:

- [IBI's 2020 Research Agenda](#)
- [Improvements to Benchmarking and Tools](#)
- [Forum and Educational Opportunities](#)
- [Development and Growth of IBIBridge](#)

IBI in The News

To Better Manage Health Care Costs, Ditch the Silos

"Everything about health is connected at the employee level in a very holistic way. Employees are not "sliced up" into separate dimensions of health care, pharmacy, disability, performance, and the like, yet employers have tended to develop vertical, siloed benefits strategies — and separate and independent databases — as if they are."

[Read more from the CFO article by Thomas Parry, PhD, President, IBI.](#)

A Dangerous Communication Gap: Why Collaborative Health Care Needs to Become a Reality

[Healthcare Business Today](#)

This Industry Had More Injuries than Manufacturing in 2018 - Workers' Comp Insights

[Workers Comp Insights](#)

Research Review

IBI's monthly Research Review newsletter keeps you up to date with the latest peer-reviewed work on health and productivity.

Highlights from the most [recent issue](#):



Those working long hours (>40 hours) and who had long commutes (>5 hours) per week were less likely to report physical activity and more likely to report sleep problems. In light of the health and productivity benefits for both sleep and physical activity, employers may consider ways to help employees manage their time in ways that allow them to obtain better sleep and greater physical activity.

Commuting Time to Work and Behaviour-Related Health: A Fixed-Effect Analysis

[Occupational and Environmental Medicine](#)



INTEGRATED
BENEFITS
INSTITUTE

IBI is the leading not-for-profit research organization in health, wellbeing and productivity, providing data, research and tools professionals need to make sound decisions in how they invest in the health of their workforce. For additional information, please visit www.ibiweb.org.

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Upcoming Events

April 22: [PBGH & IBI Regional Event: Biosimilars: The Next Frontier](#)

September 15-16: [Conference: IBI/Conference Board Health and Productivity Forum](#)