

[View in browser](#)

RESEARCH REVIEW

Keeping you up to date with the latest peer-reviewed research on workforce health and productivity

[NEWSLETTER ARCHIVE >](#)



How Does Severity of Osteoarthritis Pain Impact Patients in the US?

Adults with moderate-to-severe osteoarthritis pain were more likely to be unemployed, on long-term disability, and have increased absenteeism and presenteeism compared to adults with mild osteoarthritis pain.

Obesity-Related Productivity Loss Totals \$27 Billion

Combining US national data from 2001 to 2016, researchers found that obesity increases absenteeism by three workdays and costs about \$542 in productivity loss per day per employee. The total annual productivity cost was \$27 billion in 2016.

Workplace COVID-19 Benchmarks Provide Evidence Base for Decision-Making During Pandemic

A large workplace of over 5,700 employees collected benchmarks on COVID-19, ranging from variant surveillance and contact tracing to return to work procedures, for more than nine months to indicate how workplace operations can be supported during the pandemic.

Sickness Absence and Presenteeism Serves as Early Warning Signs for Disability in Healthcare Workers

A study of 9,000 Danish female healthcare workers over a 11- year span found that 12% received disability pension, in which presenteeism and sickness absence at baseline increased risk of retiring early due to poor health.

Majority of Implemented Workplace Programs Help Increase Sleep in Shift Employees

A review of workplace intervention studies on a workforce of predominantly shift workers found that more than half of the interventions, especially yoga and mindfulness interventions, increased total sleep duration within 24 hours.

Study Reveals Substantial Economic Burden from Psoriasis and Psoriatic Arthritis

Psoriatic arthritis followed by psoriasis were associated with higher absenteeism costs, sick leave usage, and short-term disability leave and corresponding costs when compared to those without psoriatic disease.

Fatigue is Top Health Condition Impacting Productivity Loss Among South Korean Employees

A study of nearly 4,000 South Korean employees determined that fatigue, neck and/or shoulder pain, sleep deprivation, back pain, and headache were the most common health conditions among employees and affected work impairment burden the most.



Upcoming Events

October 5-6, 2021: [IBI/Conference Board Health and Productivity Forum \(Chicago\)](#)
