



# **EMPLOYEE WELLNESS**

It's not just physical, it's financial

Lincoln Financial Group
CoBiz Financial

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# **MEET YOUR PRESENTERS**



Eric Reisenwitz
Senior Vice President
Head of Group Protection
Product & Operations
Lincoln Financial Group



Richard Dalton
Executive Vice President
Chief Operating Officer
CoBiz Financial



Andrew Kallestad

Executive Vice President

Employee Benefits

CoBiz Insurance



# **AGENDA**

# 1. A CHANGING BENEFITS LANDSCAPE

• How did we get here?

# 2. THE FINDINGS: EMPLOYEES' FINANCIAL ATTITUDES

 Lincoln's research on employees' financial fears, needs and wants by generation

# 3. COBIZ APPROACH

CoBiz's approach to financial wellness

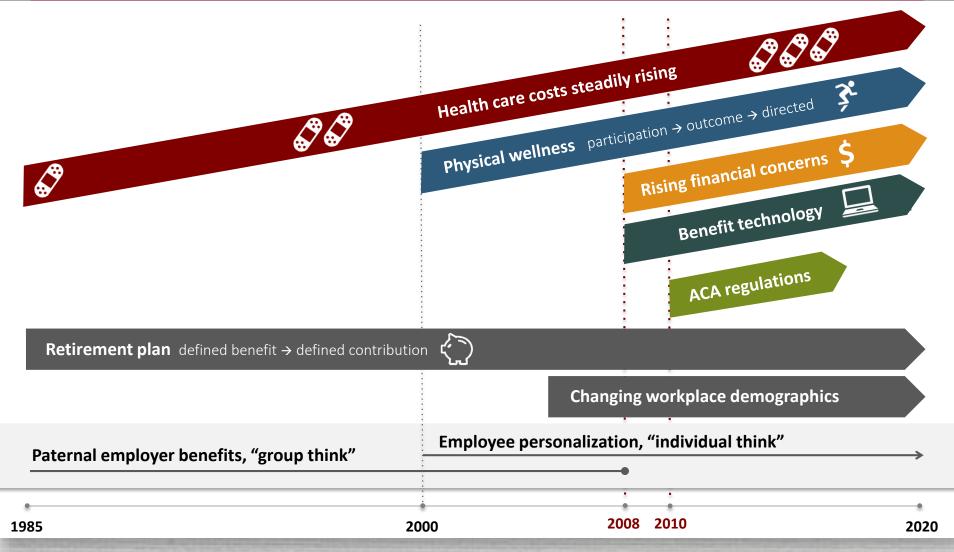


# A CHANGING LANDSCAPE





# **INDUSTRY EVOLUTION**





# WE HAVE THE BUILDING BLOCKS

**Physical wellness** 

**Accident Critical illness** 

**Financial education** 

Life, STD, LTD

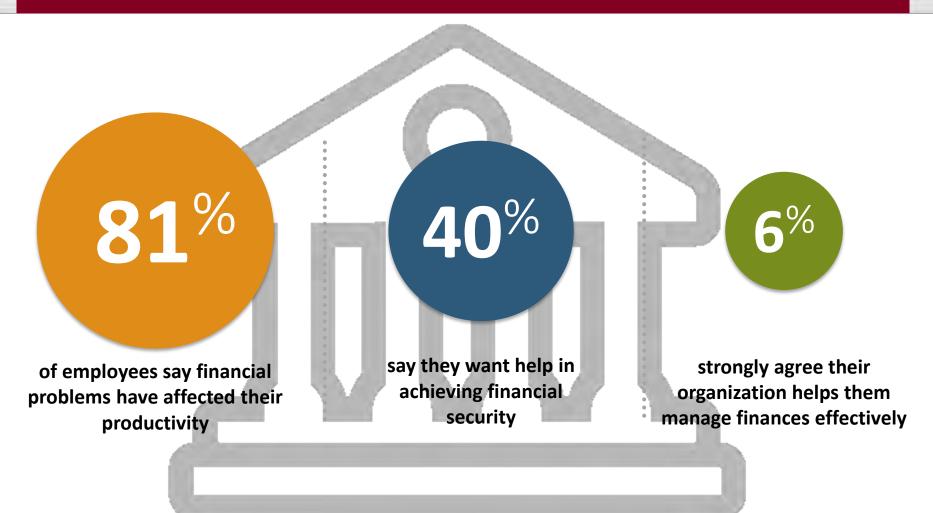
Medical plan (HSA)

**Retirement plan** 

**Financial Physical** wellness education Life, STD, Accident, CI LTD Medical Retirement Plan (HSA) plan **Financial wellness** 



# THERE'S A MAJOR NEED FOR FINANCIAL WELLNESS



Sources: MetLife, 10th Annual Study of Employee Benefits Trends (2012); Gallup Business Journal, The Business Case for Wellbeing (2010)



# WHY IT MATTERS FOR EMPLOYERS

Dealing with personal money matters at work...

**60**%

of total employees admit to it

**75**%

of *Millennial* employees admit to it

Missing at least a partial day of work due to money problems / stress...

40%

of total employees admit to it

**60**%

of *Millennial* employees admit to it

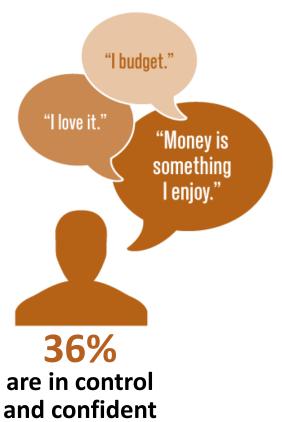
Source: Public Polling Policy Survey, Workplaceoptions.com, June 2015







# **Relationships with money**

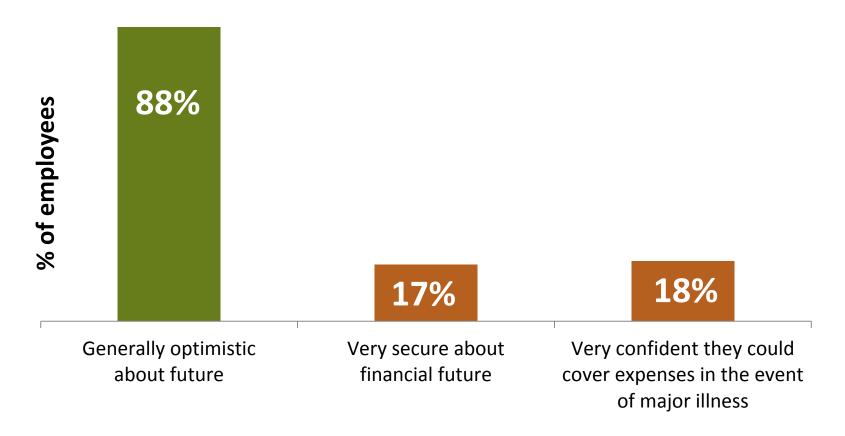




Source: 2015 Study of American Consumers, Lincoln Financial Group, June 2015



There's a big difference between overall optimism and financial security





# **Top financial concerns**

# Can I afford my short-term expenses?

All employees

39% Debt

36% Paying my bills

Millennials (ages 22-34)

50% Debt

44%

Paying my bills

Generation X (ages 35-50)

45% Debt

40%

Paying my bills

Baby Boomers

(ages 51-69)

41%

Healthcare expenses

35%

**Outliving money** 

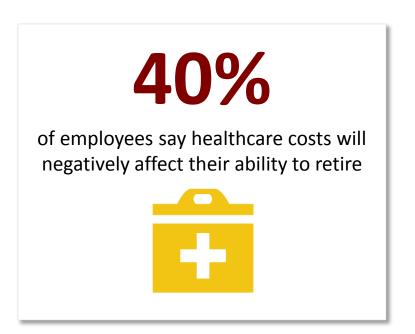


# **Top financial concerns**

# Will I be able to retire when I want to?

## **Employee concerns**

1	Debt	39%
2	Paying bills	36%
3	Retirement planning	35%





# **Top financial concerns**

# What if something happens to me?



worry about loss of household income due to an unexpected illness or injury



say cancer is their top health concern



of employees feel very confident they could cover their current of employees feel very confident they could cover their expenses if they were to suffer a major injury or illness

If something did happen, what would employees do to cover out-of-pocket expenses not included in their medical plan?











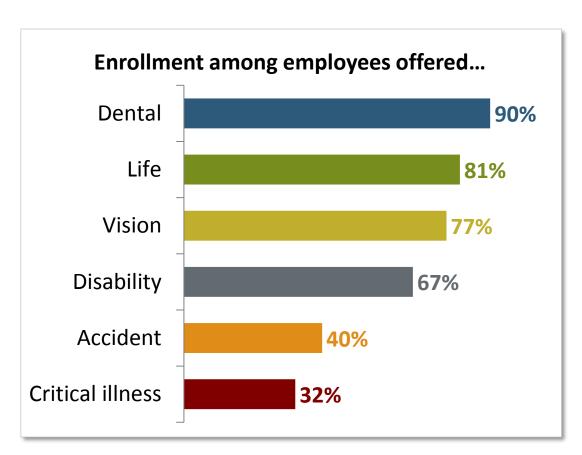
# Lack of knowledge about financial protection products



say they are more likely to enroll in benefits they feel familiar with and educated about



say the information they receive on benefits is easy to understand





# **Need for more planning**

**55**%

of total employees have created a financial plan











#### Sources of financial advice and information

#### **Millennials**





Friends, coworkers, family





**Employer** 





**Provider websites** 

#### **Gen-Xers**





Friends, coworkers, family





**Provider websites** 





**Employer** 

### **Baby Boomers**





Friends, coworkers, family





Financial advisor



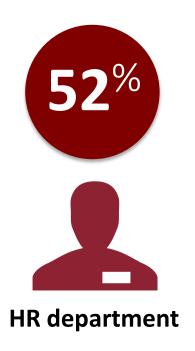


**Provider websites** 

Source: 2015 Study of American Consumers, Lincoln Financial Group, June 2015



# Sources of information about non-medical benefits





Source: 2015 Study of American Consumers, Lincoln Financial Group, June 2015



# **COBIZ APPROACH**



# **ABOUT COBIZ**

#### **Lines of Business**

**Banking** 

Wealth management

**Insurance** 

#### **Locations**



540 **Employees** 



# 20 years



# **Total assets**





# **STAKEHOLDERS**











**Employer** 



HR professionals, **C-Suite** 



shareholders



# **OPPORTUNITY**

# **Engage and impact employees around all benefits**















# **COBIZ APPROACH**

# What's working?



# Packaged benefits system

**EAP** program

**Financial counseling** 

**Transparency** 



# **COBIZ APPROACH**

# What's next?



More education

**More customization** 

Off-cycle communication

**Options for all generations** 



# QUESTIONS?



# **SOURCES**

#### **About Lincoln's American Consumer Study**

Results of the American Consumer Study are based on an online survey of 2,515 adults 18 years of age or older across the United States, conducted in 2015 by Lincoln Financial Group and Penn Schoen Berland. The sample was weighted to reflect the proportion of adults 18 or older by a variety of measures. The margin of error is +/- 2% at the 95% confidence level.

#### About the 2015 Special Report: Measuring Optimism, Outlook and Direction (M.O.O.D.) of America on Employee Benefits

Results for the Special Report: M.O.O.D. of America on Employee Benefits are based on a national survey of employees conducted by Whitman Insight Strategies (WINS) on behalf of Lincoln Financial Group. The research was conducted in early February 2015 among 933 employed adults ages 22-69. Data shown in this report is weighted to reflect the proportion of U.S. employees by gender, age, region, race and ethnicity based on data from the Bureau of Labor Statistics and the U.S. Census Bureau. The margin of error is +/- 3.1% at the 95% confidence interval for the entire sample.

#### Other sources

- Public Polling Policy Survey, Workplaceoptions.com, June 2015
- MetLife, 10<sup>th</sup> Annual Study of Employee Benefits Trends, 2012
- Gallup Business Journal, The Business Case for Wellbeing, 2010

#### **Disclosure information**

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