STRESS EVALUATION

Employee stress constitutes a major cause of absence and poor performance. Accurate and objective diagnosis has been lacking. Since 1989, the Adrenal Stress Index (ASI) profile from Diagnos-Techs Laboratory has provided an accurate stress evaluation of patients under clinical conditions. Readily accepted and carried out by patients, it is applicable widely to Industry. It can establish the presence and extent of any perceived stress, and assess the effectiveness of therapy. Its economy and validity strongly argue for this inclusion in any basic investigation of suspected employee stress.

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