

The background is a deep blue with a network of white lines. Overlaid on this are several hexagonal tiles, each containing a white icon: a pie chart, a world map, a person wearing a hard hat, a factory, a lightbulb, a gear, a wrench, a person's head with gears inside, a person on a bicycle, a handshake, a truck, a person at a computer, and a person with a magnifying glass. A hand is visible on the right side, interacting with the tiles. The IBM logo is in the top left corner, and the word 'INSIGHT' is in a large, white, sans-serif font in the center. Below it, the tagline 'Providing unbiased insights and resources to help manage health and productivity at work' is written in a smaller, white, sans-serif font. The date 'May 2021' is in the top right corner.

May 2021

IBM INSIGHT

Providing unbiased insights and resources to help manage health and productivity at work

Providing unbiased insights and resources to help manage health and productivity at work



Explore IBI's independent research on the most timely, compelling issues affecting health and productivity.

IBI's analytic tools help you benchmark and assess benefits program performance.

Check IBI's latest news,
updates, and media highlights
here.

Join the IBI community of 1,200+ employers and industry partners for various networking and educational opportunities.

Recent research publications to help employers & industry partners make sound decisions on issues affecting health and productivity. May is Mental Health Awareness Month so this month's section will showcase IBI's resources on this topic area.

DEPRESSION & ANXIETY

Anxiety is the most common mental health disorder while depression is the leading cause of disability worldwide. A snapshot provided by IBI's Disability Diagnosis Analyzer estimates the business costs and lost work time from employees entering the U.S. disability system due to depression or anxiety.

Employers can and are major players in combatting the ongoing mental health crisis that has only worsened throughout the pandemic. Strategies to promote mental wellness include providing depression screenings, supporting a better work/life balance, engage in mental health conversations and training to reduce stigma, and enhancing benefits to ensure employees have access to mental health resources and services.



[Infographic] Disability Diagnostics: Depression and Anxiety

A snapshot provided by IBI's Disability Diagnosis Analyzer estimates the business costs and lost work time from employees entering the U.S. disability system due to depression or anxiety.



[Benchmarking Analytics]
Short- And Long-Term Disability Outcomes for Mental and Behavioral Health Claim



[Webinar] Mental Health in the Workforce



[Report] A Deeper Freeze: Extreme Temperatures and Mental Health Disability Leaves

IBI Research Review

A monthly newsletter that pulls together the latest peer-reviewed research on workforce health and productivity.

May's edition discussed telehealth follow-up care, the US cancer screening deficit, and more.



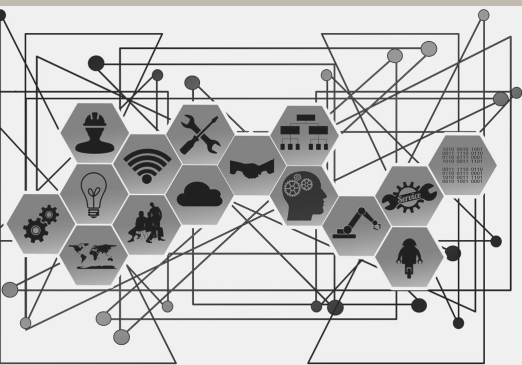


Assess benefits program performance and understand the health status and productivity level of the workforce



Disability and Leave Benchmarking

Access the nation's largest disability/leave database of over 9M claims from 100,000 employer policies. Customize reports to compare outcomes with industry peers.



Disability Diagnosis Analyzer

Illustrate the disability burden of illnesses or conditions, providing the average incidence rate, costs, and duration of leave.



Full Cost Estimator

Model the costs of poor health in the workplace, including absence, disability, presenteeism and opportunity costs all in a single online tool.



Health and Productivity Snapshot

Estimate absence and lost productivity costs of chronic conditions expected in the workforce.

Interactive Map: COVID-19 Employer Paid Leave Costs

View modeled disability and leave costs associated with confirmed COVID-19 cases by state or metro area. The data in the map is updated weekly.



IBI UPDATES

Read the highlights below to see what is new at IBI and what is upcoming.
Check out where IBI's work has been featured as well.

Updated Agenda for the Information or Overload? Meaningful Employer Data virtual event on June 23

Register today and hear from peers on how they use data to inform benefit decision-making and meaningful measures.



5 Workplace Metrics to Adopt Now

Workplace Design Magazine highlights IBI's updated analysis on the cost of poor health in its review of workplace metrics to adopt.



COVID-19-Related Lost Work Time Could Cost Employers Upwards of \$50 Billion

AJMC covers IBI's analysis on lost work time due to COVID-19.



IBI EVENTS

Our events bring together a community of 1,200+ employers and industry partners for various networking and educational opportunities.

[Interested in becoming a member?](#)

June 23, 2021

Information or Overload? Meaningful Employer Data

The Purchaser Business Group on Health (PBGH) and IBI are hosting a one-day virtual program to help employers and their vendors/partners find a pragmatic and useful strategy for identifying and using the right data. Registration is now open.



July 8, 2021

What Just Happened?! Measuring the Results of Health and Productivity Efforts During COVID-19

As part of Employers Health's Summer Benefits Camp Webinar Series, IBI President Kelly McDevitt and Director, Analytics and Research Dr. Joe Aller will share exclusive research findings shaped by its employer members' feedback.

October 5-6, 2021

IBI-Conference Board Health & Productivity Forum

Annually convenes 400+ thought leaders, employers, and industry partners to explore innovative solutions in managing the whole picture of health, well-being, productivity, and business performance. This event will take place at the Chicago Marriott Marquis.

