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Providing unbiased insights and resources to help manage health and productivity at work



Explore IBI's independent research on the most timely, compelling issues affecting health and productivity.

IBI's analytic tools help you benchmark and assess benefits program performance.

Check IBI's latest news,  
updates, and media highlights  
here.

Join the IBI community of 1,200+ employers and industry partners for various networking and educational opportunities.



# IBI RESEARCH

Recent research publications to help employers & industry partners make sound decisions on issues affecting health and productivity



## Health and Productivity Research Priorities for 2021

In the interest of developing a relevant and thoughtful research agenda for 2021, IBI surveyed its members to focus our attention on topics that would provide the most value to them. This report shares the survey results.

**DISABILITY DIAGNOSTICS**

**HEART DISEASE**

Heart disease is the leading cause of death in the US, causing about one in four deaths. The impact of heart disease is significant, not only in terms of morbidity but also in terms of financial strain on individuals, businesses, and the overall economy. A snapshot provided by IBI's Disability Diagnosis Analyzer estimates the business costs and lost work time from employees entering into the disability system due to heart disease.

In many cases, heart disease is preventable when people adopt a healthy lifestyle. Companies can implement workplace health strategies to ensure that their employees are taking steps towards being heart-healthy.

**EACH YEAR IN THE U.S.:**

- 190K** New Disability Claims Occur for Heart Disease
- 72.1** Average Number of Days Employees Are Off the Job
- 10%** of Claims Transition to Long-Term Disability
- 43%** Long-Term Disability Claims Lasting 2+ Years

**OVERALL, HEART DISEASE AMOUNTS TO:**

- \$1.9B** Dollars in Disability Payments
- 13.7M** Lost Work Days Due to Disability Leave

**PROMOTING HEART HEALTH IN THE WORKPLACE CAN BEGIN WITH:**

- Building a
- Improving Access to
- Education and
- Encouraging

**DISABILITY DIAGNOSTICS**

**CANCER**

Cancer is the second leading cause of death in the US. In 2021, the American Cancer Society estimates 1.9 billion new cancer cases and over 600,000 cancer deaths will occur. This poses an enormous emotional, physical, and financial strain on individuals, businesses, and the global society. A snapshot provided by IBI's Disability Diagnosis Analyzer estimates the business costs and lost work time from employees entering into the U.S. disability system due to cancer.

Businesses and workplaces have pivotal roles to play in achieving a world less burdened by cancer. Early diagnosis can increase treatment success and workplace initiatives can improve

**EACH YEAR IN THE U.S.:**

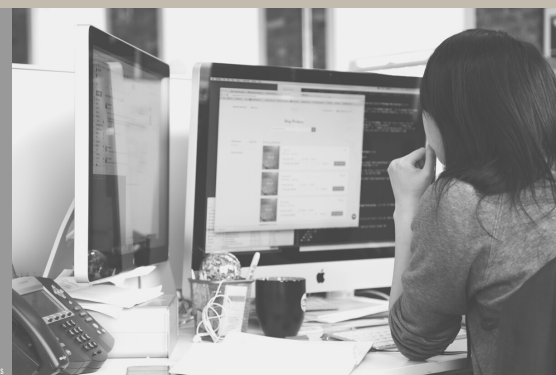
- 167K** New Short-Term Disability Claims Occur for Cancer
- 89.7** Average Number of Days Employees Are Off the Job
- 17%** of Claims Transition to Long-Term Disability
- 22%** Long-Term Disability Claims Lasting 2+ Years

**OVERALL, CANCER AMOUNTS TO:**

- \$2.0B** Dollars in Disability Payments
- 15B** Lost Work Days Due to Disability Leave

**BUSINESSES CAN REDUCE THE CANCER BURDEN BY:**

- Building a
- Improving Access to
- Education and
- Implement Policies



### Disability Diagnostics: Heart Disease

This snapshot provided by IBI's Disability Diagnosis Analyzer sheds light on the disability and productivity burden of heart disease.

### Disability Diagnostics: Cancer

This snapshot provided by IBI's Disability Diagnosis Analyzer sheds light on the disability and productivity burden of cancer.

### Patient-Reported Productivity Outcomes

Do Researchers Measure What Employers Care About?

## IBI Research Review

A monthly newsletter that pulls together the latest peer-reviewed research on workforce health and productivity.

February's edition discussed health inequities, cancer screenings, and more.







# Disability and Leave Benchmarking

A man with glasses and a blue shirt is looking at a laptop screen. The image is overlaid with a glowing white line graph that trends upwards. The background features a grid pattern and various numerical data points, suggesting a financial or data analysis context.



## Full Cost Estimator

Model the costs of poor health in the workplace, including absence, disability, presenteeism and opportunity costs all in a single online tool.

Estimate absence and lost productivity costs of chronic conditions expected in the workforce.

Estimate disability and leave costs associated with confirmed COVID-19 cases by state or metro area. The data in the map is updated daily.





# IBI UPDATES

Read the highlights below to see what is new at IBI and what is upcoming.  
Check out where IBI's work has been featured as well.

## Announcing IBI's 2021 Research Agenda

IBI President Kelly McDevitt shares IBI's research priorities for 2021. Mental health, telehealth, and wellness program impact are top areas of focus.



## Patient outcomes and productivity: Employers fail to make the connection

BenefitsPRO highlights IBI's recent research on the use of patient-reported outcomes on productivity (PRO-P) and how businesses could use them to improve benefit plans.



## Long-term employee well-being hinges on this one employee benefit

Fast Company Online discusses IBI's cost estimate of illness-related productivity loss.





# IBI EVENTS

Our events bring together a community of 1,200+ employers and industry partners for various networking and educational opportunities.

[Interested in becoming a member?](#)

January 14, 2021

## The State of Migraine Disease in the Workplace

Understand how migraine impacts employees in the workplace and how to maximize support to ensure maximum productivity. You can access the recording [here](#).



February 10, 2021

## How Employers Can Address the Impact and Cost of Chronic Conditions Affecting their Workforce

IBI discussed the productivity impacts of Osteoarthritis and strategies employers can implement to help employees manage the condition. You can view a copy of the slides [here](#).

October 5-6, 2021

## IBI-Conference Board Health & Productivity Forum

Annually convenes 500+ thought leaders, employers, and industry partners to explore innovative solutions in managing the whole picture of health, well-being, productivity, and business performance. This event will take place at the Chicago Marriott Marquis.

