## **DISABILITY DIAGNOSTICS**

# **HEART DISEASE**

Heart disease is the leading cause of death in the US, causing about one in four deaths. The impact of heart disease is significant, not only in terms of morbidity but also in terms of financial strain on individuals, businesses, and the overall economy. A snapshot provided by IBI's Disability Diagnosis Analyzer estimates the business costs and lost work time from employees entering into the disability system due to heart disease.

In many cases, heart disease is preventable when people adopt a healthy lifestyle. Companies can implement workplace health strategies to ensure that their employees are taking steps towards being heart-healthy.

#### EACH YEAR IN THE U.S.:



190K

New Disability Claims Occur for Heart Disease



72.1

Average Number of Days Employees Are Off the Job



of Claims Transition to Long-Term Disability



43%

Long-Term Disability Claims Lasting 2+ Years

### **OVERALL, HEART DISEASE AMOUNTS TO:**



1.9B

**Dollars in Disability Payments** 



13.7 M Lost Work Days Due to Disability Leave

#### PROMOTING HEART HEALTH IN THE WORKPLACE CAN BEGIN WITH:







Building a Culture of Health Improving Access to **Health Screenings** 

**Education** and Raising Awareness

**Encouraging** Physical Activity

