



Classroom Case Study

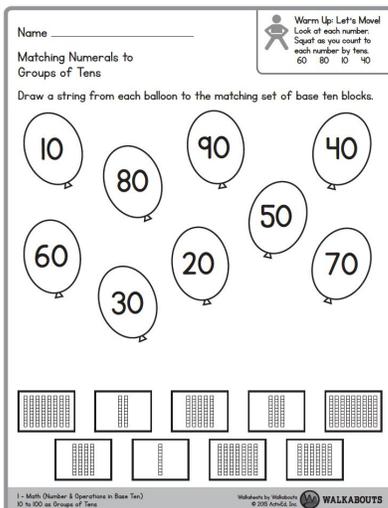
PROFILE

Hygiene Elementary is a small K-5 public school serving 300 students in the St. Vrain Valley School District in Longmont, Colorado. St. Vrain Schools is the seventh-largest district in the state with 57 campuses and programs spread over 411 square miles.



Project Lead
Suzannah Evans
 Blended Technology Leader and
 First-Grade Teacher
 evans_suzannah@svvsd.org

Suzannah Evans is a public school teacher with 14 years of instructional experience and a Master's degree in physical education.



*Sample Worksheet: 1st Grade Math
 (Matching Numerals to Group of Tens)*

First-Grade Teacher Helps Students Learn Fundamental Concepts Through Meaningful Movement

Challenge

Research has shown the effects of movement-based learning on academic performance and behavior, so when educators at St. Vrain Valley Schools were offered a pilot of Walkabouts, a program that integrates movement with math, language arts, and reading content, they jumped right in.

Solution

Fully aware of the research and science behind moving while learning, Suzannah Evans discovered Walkabouts would allow her to incorporate physical activity into her first-grade classroom routine without sacrificing instructional time. Evans enjoyed the ease of use and how, in just a few clicks, she could play a standards-based Walkabout to complement her existing lesson plans.

Outcome

Students in Mrs. Evans' classrooms have a renewed enthusiasm for learning when Walkabouts are used, which is approximately two times per week. The creation of each lesson takes less than a minute. Evans also utilizes printable worksheets called "Walksheets" to either extend the learning or reteach a concept. With easily accessible, standards-based material already created, Walkabouts help her prepare for early finishers.

"With packed academic schedules, it is essential to use movement not only to enforce learning but to give kids a much-needed break!"

Walkabouts is an on-demand, online platform that activates elementary math, language arts, and reading curriculum with short, movement-rich lessons for young students.

Learn more at Walkabouts.com.