

We, the clinic faculty and staff, are committed to serve our community in a professional clinical environment and to empower patients to actively participate in their healthcare. The Life University Clinics recognize and respect the self-aware, self-directed, self-maintaining, self-healing, and self-improving nature of life and living beings.

If you have been involved in an auto accident or a work injury please speak to one of the office assistants before completing this form.

This section is to be completed by the Staff.

Date: _____ Faculty Clinician: _____ No. _____

Intern Name: _____ Intern No. _____

SECTION 1

Personal Data

Patient Name: First _____ Last _____ M.I. _____

Prefers to be called _____ Birth Date ____/____/____ M F

Parent or Guardian's Name if the Patient is a Minor: _____

Are you currently pregnant? Yes No Maybe. Have you ever been pregnant? Yes No

Home Address: _____

City: _____ State: _____ Zip: _____

Phone: Home: _____ Work: _____ Mobile: _____

E-mail: _____

Current Employer _____ Contact Phone: _____

Work Address: _____

City: _____ State: _____ Zip: _____

Job Description _____

Marital Status: Single Married Divorced Widowed

Spouse/Partner Name: _____ Spouse's Employer: _____

Number of Children: _____ Ages: _____

Emergency Contact Person: _____ Phone : _____

Patient General Information Questionnaire

Patient Name: _____ Date: _____ File #: _____

SECTION 3

Health Habits & Lifestyle Please answer the questions below.

<p>EXERCISE</p> <p>Do you exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How often do you exercise? ___ days/week ___ Hours/day</p> <p>Stretching / Flexibility <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Running / Treadmill/ Walking <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Rowing / Swimming <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Competitive Athlete <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Pilates /Yoga <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Group Exercise <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Weight Lifting <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>OTHER: Please list- _____ _____ _____</p>	<p>DIET</p> <p>Do you have a healthy diet? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How many serving s of fruits & vegetables per day? # _____</p> <p>How many 8oz. glasses of water per day? # _____</p> <p>Do you drink caffeinated beverages? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How many per day? # _____</p> <p>Please List Food Allergies? _____ _____</p> <p>Have you ever had an eating disorder? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p>ALCOHOL/TOBACCO/RECREATIONAL DRUG USE?</p> <p>Do you use any of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How many cigarettes do you smoke? _____ /day or _____/wk</p> <p>Do you use smokeless tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How much do you use a day? Cans or pouches _____ /day</p> <p>Do you have history of alcohol use? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p># drinks _____ /day _____ /wk</p> <p>1 “drink” is equal to 12 oz. can of beer, 1.5 oz. liquor, 80 proof, 5 oz. wine.</p>
<p style="text-align: center;">DAILY STRESS LEVEL SCALE</p> <p style="text-align: center;">Low High</p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p> <p>Have you ever sought help for a mental health issue? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		<p>SLEEPING PATTERN</p> <p>Hours of sleep per night? _____ hours</p> <p>Please circle appropriate sleep quality. Excellent Good Fair Poor</p> <p>Sleep interrupted _____ X/ night</p> <p>How long? ___ wks, ___ months, ___ years</p>

SECTION 4

Personal Health History Please mark **all** issues below that you have currently or have had in the past.

C = current P = past If **none** of the below apply please check this box

MUSCLE /JOINT	EYES/EARS/THROAT	SKIN	CARDIOVASCULAR	GENERAL
Arthritis	Thyroid	Easy Bruising	Blood Pressure	Food Allergy
Back Pain	Hearing Difficulty	Psoriasis/	Irregular Heart Beat	Dizziness
Sciatic Pain	Vision	Eczema	Poor Circulation	Infections
Bursitis	DIGESTIVE	Hives	URINARY	INFECTIOUS DISEASES
Hip Pain	Stomach	Skin Allergy	Kidney	HIV
Foot Pain	Intestinal	Itching	Difficulty Urinating	Hepatitis
Neck Pain	Colon	Varicose	REPRODUCTIVE	Tuberculosis
Headache	INTERNAL	PULMONARY	Menstrual	ENDOCRINE
Shoulder Pain	Liver	Difficulty Breathing	Pregnancy	NEUROLOGICAL
Arm Pain	Gall bladder	COPD	Prostate	
Wrist Pain	Pancreas	Asthma	Venereal Disease	PSYCHOLOGICAL
		Seasonal Allergy		

Please list all the medications you are taking including over the counter medications, herbs & vitamins and nutritional supplements. *If none please write: **None***

Name / Dose / Frequency _____	Name / Dose / Frequency _____
_____	_____
_____	_____
_____	_____

Medication Allergies - Please list all below _____

SECTION 5

Please list ALL accidents, injuries, surgeries & hospitalizations. *If none please write: **None***

Accidents, Injuries, Fractures (Dates) _____

Surgeries (Dates) _____

Hospitalizations (Dates) _____

Please list all your doctors and healthcare providers including previous Chiropractors

Name: _____ Phone # _____

Name: _____ Phone # _____

Name: _____ Phone # _____

SECTION 6

Family History Please mark the appropriate box with an X. If **none** of the below please check this box

HISTORY	Mother	Father	Brother/Sister	Grandmother	Grandfather
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Auto immune Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient General Information Questionnaire

Patient Name: _____ **Date:** _____ **File #:** _____

- 1. Are you an employee, or related to an employee at Life University? Yes No Relationship: _____
- 2. Are you a student, or related to a student in any program at Life University? Yes No Relationship: _____
- 3. Are you a student, or related to a student in a DC Program? Yes No Relationship: _____
- 4. Do you or a relative plan to enroll as a student in a Doctor of Chiropractic Program? Yes No
If yes, When: _____ and Relationship: _____
- 5. If you answered yes to 2, 3 or 4: Student's Name: _____ Student ID: _____

Consent for Chiropractic Care in Life University Clinics

Chiropractic care is based on clinical evidence of vertebral subluxations and not the presence or absence of pain, abnormal range of motion, or abnormal spinal curves. By the use of specific analysis and spinal adjustments, the goal of chiropractic is primarily to reduce/correct spinal subluxations.

- The Life University chiropractic clinics are teaching clinics.
- The chiropractic assessment and chiropractic care provided in the Life Clinics may occur in an open environment.
- In some situations, your care will occur in an open environment and personal health information (PHI) may be subject to incidental exposure by others in the clinic setting
- I understand that my records and/or x-rays are the property of Life University and will be used for teaching and research purposes and if at anytime I request a copy of my records and/or x-rays there will be an additional charge for copying them.
- I authorize Life Clinics and its agents to administer care as needed, as indicated from examination findings.
- I authorize Life Clinics to release information to my doctor and/or insurance company.
- I understand that if I am in litigation for any accident my settlement may be jeopardized by the fact that a student is rendering my care in this clinic.
- A parent or an approved individual MUST accompany their minor child on every visit to the clinic.
- I acknowledge that I have read Life University's Notice of Privacy Practices (or had the opportunity to read it if I so choose). I have received a summary of Life University's Notice of Privacy Practices and acknowledge that I may have a personal copy of the entire Notice upon request.
- I consent to the use and or disclosure of my protected health information as specified in Life University's Notice of Privacy Practices.

I have read and understand the above.

Patient Signature (custodial parent or legal guardian if patient is a minor)	Relationship to Patient	Date
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Witness Signature	Date	Print Clinician Name - #	Faculty Clinician Signature	Date
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Health is affected by your nervous system, but it is also affected by your environment, the foods you eat, and your lifestyle activities and habits.

**Administration
Only**

PATIENT CATEGORY					
<input type="checkbox"/>	R	Regular	<input type="checkbox"/>	I	Insurance
<input type="checkbox"/>	T	Transient	<input type="checkbox"/>	TS	Transient DC Student
<input type="checkbox"/>	C	Child	<input type="checkbox"/>	E	Veteran
<input type="checkbox"/>	P	Employee	<input type="checkbox"/>	O	Employee Family
<input type="checkbox"/>	G	Gratis	<input type="checkbox"/>	G1	Partial Gratis
<input type="checkbox"/>	GA	Alumni	<input type="checkbox"/>	GF	Alumni Family
<input type="checkbox"/>	LS	LU Student	<input type="checkbox"/>	LF	LU Student Family
<input type="checkbox"/>	GM	Medicare	<input type="checkbox"/>	NS	College Students
<input type="checkbox"/>			<input type="checkbox"/>	EM	Active Military
<input type="checkbox"/>	S	DC Student	<input type="checkbox"/>	F	DC Student Family

How did you hear about us?

- Website
- Friend / Family member
- Intern
- Life Center for seniors
- Health Fair
- Other

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

PHOTO ID