

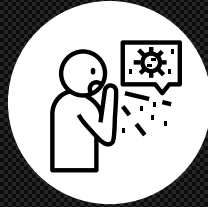
Coronavirus **COVID-19**

HOW TO PREVENT



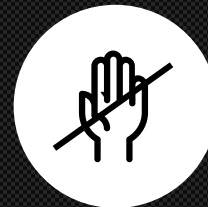
WASH

your hands well and often to avoid contamination



COVER

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard tissue



AVOID

touching eyes, nose, or mouth with unwashed hands



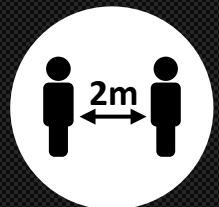
CLEAN

and disinfect frequently touched objects and surfaces



STOP

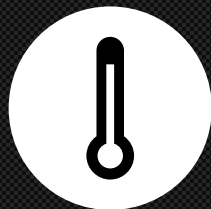
shaking hands or hugging when saying hello or greeting other people.



DISTANCE

yourself at least 2 meters (6 feet) away from other people, especially those who might be unwell.

SYMPTOMS



FEVER

(High Temperature)



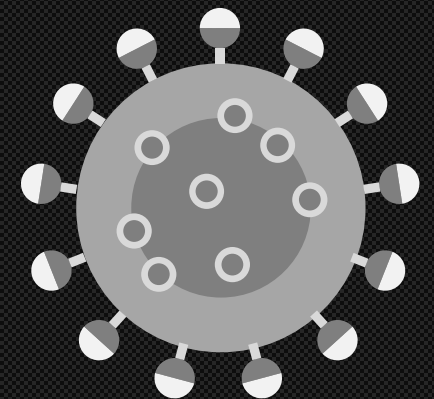
COUGH



SHORTNESS OF BREATH



BREATHING DIFFICULTIES



If you have fever or cough you should stay at home regardless of your travel or contact history.