



Sparta Science optimizes health and performance for athletes, warfighters, fitness clients and patients with evidence-based movement scans and data-driven exercise prescriptions that increase resilience, minimize injury risk and speed efficient rehabilitation to physical activity.

Top Sparta Scores

Professional



Wide Receiver 102



Short Stop 97



Shooting Guard 95



Defender 87

Collegiate

96 Quarterback



91 Pitcher



89 Point Guard



86 Offensive Line



Trusted by these Sparta Partners:

