








ROAR 247 FITNESS

JANDAKOT GROUP FITNESS TIMETABLE

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
6:00AM		HIITSTEP				8:00AM	
9:30AM						10:00AM	
10:30AM							
12:00PM		ROAR TRANSFORM	HIITSTEP	ROAR TRANSFORM			
	ROAR TRANSFORM		ROAR TRANSFORM				
5:30PM	HIITSTEP						
6:30PM							

BRING A FRIEND TO YOUR NEXT CLASS FOR FREE

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GROUP FITNESS

INFRA RED SAUNAS

PERSONAL TRAINING

ACCESS TO ROAR SUPER CLUBS

GREAT SHOWERS AND LOCKER ROOMS