## Roar Pole Fitness

**Trial Classes:** Curious but not quite ready to commit to an 8 week course? Our trial classes are designed for the absolute beginner and is a great introduction to our Beginner Pole 1 program. It is a 60 minutes class that is simply a fun, one off dance fitness class to show you what our pole fitness classes are all about. Cost is \$10 or free for Roar Fitness Gym members, limited spaces so bookings are essential. Please contact pole@roarfitness247.com.au if you have any questions.

Roar Pole Fitness courses run for 8 weeks.

Pole courses: 8 class pole pack \$220. 12 class pole pack \$275. 16 class pole pack \$330. Roar members receive 10% off courses please contact us for the discount code.

**Stretch & Splits and Conditioning classes.** Bookings are open throughout term. Improve your flexibility and strength with 8 classes for \$99, 4 classes for \$50 or \$15 casually.

**How to Book**: All class bookings are done through our online booking system Mind Body. Note that bookings for classes close 2 hours before the class and all class credits must be used within the same pole term.

**Can't make a class?** If you are unable to attend a class, you can catch up in another pole class of equal level or a Stretch & Splits/conditioning class prior to the end of the term. Simply cancel out of your class booking on Mind Body a minimum of 2 hours before the class start time and use your credited class as a makeup.

**Transferring from another studio and not sure what level you are?** We recommend a half hour one on one assessment with one of our instructors to see what level you would best be suited in. Cost: \$35.

**Buddy Practice Time:** Currently enrolled students can practice for \$10. Booking are essential as a minimum of 2 people is required for it to run. Show your Mind Body booking (on your phone) to reception to gain access to the studio. All bookings and payments done on Mind Body.

**Private Lessons:** Learn better one-on-one and prefer the studio all to yourself? Book a private session with one of our highly qualified instructors.

	1 person	2 people	3 people
1 session (per session)	\$100	\$120	\$150
2 sessions (per session)	\$95	\$120	\$150
3 sessions (per session)	\$90	\$110	\$140
4 sessions or more (per session)	\$85	\$100	\$130

**Pole Parties/Girls nights:** Have an upcoming birthday party, hens night or just want to get the girls together for a great night out why not book something new to try? The session will go for an hour and a half and will consist of teaching you some cool pole moves, put a routine together and finish with the instructor doing a performance for you while leaving enough time for you to get some cool photos of your night. Cost \$35 per person; minimum 6 people. Minimum charge is \$210 if you have less than 6 people.

## **Terms & Conditions:**

- All classes must be used within the same pole term
- Classes cannot be transferred between terms
- Late cancellations cannot be refunded
- Classes do not run on public holidays, please book into class on a different day of the week before the end of term
- Makeup classes can be used for classes of equal level or below as well as Conditioning or Stretch & Splits
- Pole courses cannot be used as makeup classes for Stretch & Splits
- Buddy Practice Time can only run if 2 or more students are booked and can attend.

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Questions? Please send us an email @ pole@roarfitness247.com.au