

BUMPER PLATES

ACCESSORIES

Reliable, heavy-duty bumper plates are available in colored urethane, premium black rubber, or standard rubber.

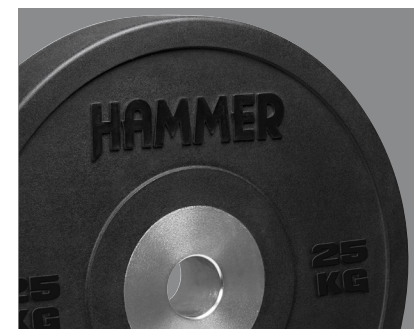


Featured:
COLOR URETHANE BUMPER PLATES
AND BLACK PREMIUM RUBBER (KGS)

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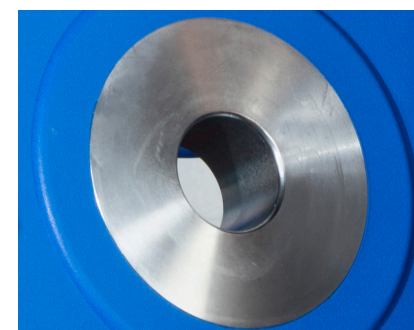
Urethane is resistant to abrasion, cutting and tearing, while allowing for flexibility.



Proprietary blended premium rubber delivers low bounce with enough flexibility to protect flooring.



Molded-in raised color weight numbers for easy identification.



The edge of the center hole is rounded to ease sliding and alignment onto Olympic bars.

**HAMMER
STRENGTH®**



HAMMER STRENGTH URETHANE	25 KG	20 KG	15 KG	10 KG	5 KG
Material	Urethane				
Hub Diameter	140 mm				
Hub Type	Precision machined high-grade steel, hard chrome plated				
Bumper Diameter	450 mm				
Durometer	83 – 87 Shore A				
Plate Width	58 mm (2.27")	52 mm (2.05")	45 mm (1.76")	39 mm (1.5")	32 mm (1.25")
Warranty (Each Plate)	5 Years				



HAMMER STRENGTH PREMIUM RUBBER	25 KG	20 KG	15 KG	10 KG
Material	Rubber			
Hub Diameter	140 mm			
Hub Type	Precision machined high-grade steel, hard chrome plated			
Bumper Diameter	450 mm			
Durometer	90 Shore A			
Plate Width	73 mm (2.875")	60 mm (2.375")	51 mm (2.0")	38 mm (1.5")
Warranty (Each Plate)	3 Years			

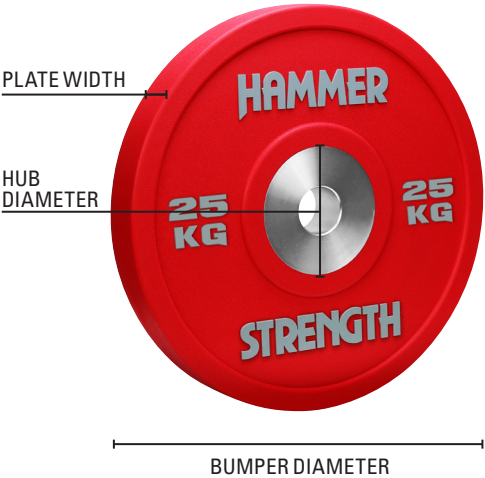


HAMMER STRENGTH STANDARD RUBBER	25 KG	20 KG	15 KG	10 KG	5 KG
Material	Rubber				
Hub Type	Stainless steel insert, pressed and flared				
Bumper Diameter	450 mm				
Durometer	88 Shore A				
Plate Width	83 mm (3.25")	73 mm (2.875")	57 mm (2.25")	47 mm (1.875")	32 mm (1.25")
Colors	Black	Black	Black	Black	Black
Warranty (Each Plate)	1 Year				



HITECH TECHNIQUE PLATES	5 KG	2.5 KG
Material	Compressed and bonded recycled plastic	
Hub Type	50.8mm (2") Polymer	
Bumper Diameter	450 mm	
Plate Width	83 mm (3.25")	73 mm (2.875")
Colors	Gray	Gray
Warranty (Each Plate)	3 Years	

BUMPER PLATES

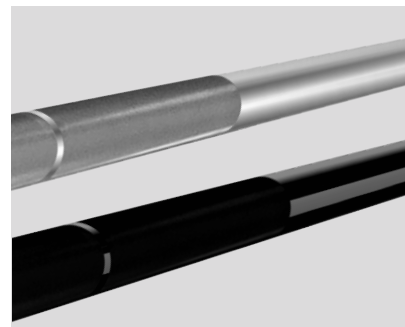


OLYMPIC BARS & COLLARS

ACCESSORIES

American-made precision-quality bars with several choices to meet your exact weight training requirements.

Featured:
28MM, 20KG CHROME OLYMPIC BAR



Shaft material comes in hard chrome and black oxide.



Smooth rotating sleeves guided by economical bushings or precision needle bearings.



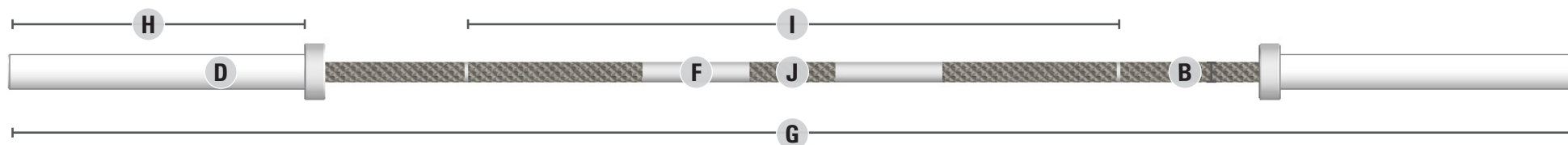
Uncompromising performance and durability for the rigors of Olympic weightlifting.



Whip and knurling accommodate common Olympic lifting techniques.

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**HAMMER
STRENGTH®**



(A) Type of Use	(B) Shaft Diameter	(C) Weight	(D) Sleeve Assembly	(E) End Cap Color	(F) Shaft Type/ Coating	(G) Bar Length	(H) Loadable Sleeve Length	(I) Knurl Mark Spacing	(J) Center Knurl	Warranty
28 MM MEN'S OLYMPIC WEIGHTLIFTING BARS										
Weightlifting, Olympic Weightlifting, Competition	28 mm	20 kg	Needle bearing	Blue	Hard chrome	2.13 m (7 ft.)	413 mm (16.25")	914 mm (36")	No	5 years
Weightlifting, Olympic Weightlifting	28 mm	20 kg	Bushing	Black	Hard chrome	2.13 m (7 ft.)	413 mm (16.25")	914 mm (36")	No	5 years
28 MM WOMEN'S OLYMPIC WEIGHTLIFTING BARS										
Weightlifting, Olympic Weightlifting	25 mm	15 kg	Bushing	Black	Hard chrome	1.98 m (6.5 ft.)	337 mm (13.25")	914 mm (36")	No	5 years
29 MM GYM AND POWER BARS										
Weightlifting, Powerlifting, Multi-use	29 mm	20 kg	Bushing	Black	Hard chrome	2.13 m (7 ft.)	413 mm (16.25")	813 mm (32")	Yes	5 years
29 MM TRAINING BAR										
Multi-use	29 mm	20 kg	Bushing	Black	Black Oxide	2.13 m (7 ft.)	413 mm (16.25")	813 mm (32")	Yes	1 year

BAR END CAP**(A) USE OF BAR****(B) BAR DIAMETER****(C) BAR WEIGHT****(D) SLEEVE ASSEMBLY INDICATOR**

BSH: Bushing

NB: Needle Bearing

(E) END CAP COLOR

Blue Men's Competition Bearing Bar

Black Men/Women's Competition Bearing Bar

**COLLARS**

Slide on and lock into place to ensure a secure hold on bumpers or Olympic plates.



COLLARS	LOCK-JAW OLYMPIC	SPRING
Material	Nylon rubber	Hard chrome spring steel
Handles	—	—
Collar weight (Per set)	0.73 kg (1.6 lb)	0.45 kg (1 lb)
Locking Type	Lever, cam lock	Spring force
Size	76 x 89 x 51 mm (3 x 3.5 x 2")	178 x 89 x 38 mm (7 x 3.5 x 1.5")
Warranty (Each)	1 Year	90 days