

## Referral for Transcranial Magnetic Stimulation (TMS)

**Fax referral form to 1300 867 889.** Patient will be contacted within 1 business day of receipt.

### Patient details

Title/First name \_\_\_\_\_ Last name \_\_\_\_\_ DOB \_\_\_\_\_

Street Address \_\_\_\_\_ Suburb \_\_\_\_\_ Postcode \_\_\_\_\_

### Preferred method of contact

Complete if your patient consents to our Patient Care Team contacting them directly to book an appointment.

Mobile \_\_\_\_\_  Email \_\_\_\_\_

### Alternative contact

Complete if there is someone our Patient Care Team can contact if we are unable to reach the patient.

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone number \_\_\_\_\_

### Funding

The Patient Care Team will discuss options with your patient and facilitate funding paperwork as required.

Medicare Number \_\_\_\_\_ Ref: \_\_\_\_\_ Valid until: \_\_\_\_\_

Fund:  Private / self-funded  Department of Veteran Affairs  Workcover  Health fund: \_\_\_\_\_

Membership / claim number: \_\_\_\_\_

### Referral information

#### Reason(s) for TMS referral

Major depressive disorder  Chronic pain  Generalised anxiety disorder  Obsessive-compulsive disorder

Post-traumatic stress disorder  Tinnitus  Other: \_\_\_\_\_

#### Medications and clinical notes

In the last 12 months, has this patient:  Trialled 2 or more classes of antidepressants (list under additional information below)

Been admitted for psychiatric condition **or**  Is currently admitted at: \_\_\_\_\_

#### Precautions and potential contraindication(s) (If any are present, please provide additional information below)

Implantable medical pump or stimulator (including pacemaker)  Cochlear implant  Epilepsy

#### Additional information - include comorbidities, current medication(s), and previous antidepressants trialled if applicable.

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**Requesting doctor**  Psychiatrist  GP  Other: \_\_\_\_\_

Name \_\_\_\_\_

Provider number \_\_\_\_\_

Practice Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Doctor's signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Optional: doctor / clinic stamp

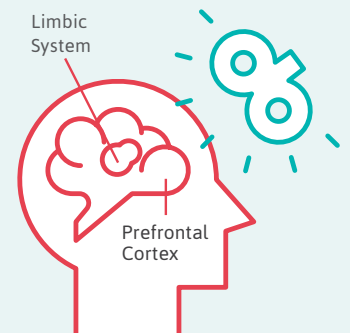
# Patient Information

## What is TMS?

- Transcranial Magnetic Stimulation (TMS), uses non-invasive magnetic pulses to activate the positive mood circuits in the limbic system, which is the emotional centre of your brain
- The controlled magnetic fields turn on these underactive circuits
- Repeatedly activating these circuits with TMS trains them to perform normally.

## TMS IS NOT THE SAME AS ECT

TMS uses painless magnetic pulses on a small area of the brain, whereas in ECT electric currents and anaesthetics affect your whole body.



## What is the treatment process?



### Patient care team contact

A Coordinator will contact you within 24 hours of receiving your referral. During the call, our Coordinator will ask you some screening questions, help to locate your most convenient clinic location, and book your initial assessment. They will also facilitate funding arrangements (if required) after completion of the initial assessment.



### Initial assessment

A Medical Officer and TMS Clinician will assess your suitability and treatment history and establish a baseline measure which will be used to determine whether the treatment is working.



### Resting motor threshold

The dose and individual TMS treatment will be determined.



### Acute treatment (Phase 1)

In this phase you will have 3–6 sessions per week. A TMS Clinician will measure how you are responding to treatment at sessions 1, 12 and 18.

A progress report is delivered to your treating team at the end of this treatment phase.



### Acute treatment (Phase 2)

After the first phase of treatment, changes in your mood should be noticeable. If TMS is working for you, treatment will continue. Your response will be assessed again at session 28.

A report will be delivered to your treatment team at the end of this treatment phase. Treatment may be extended if necessary, depending upon your response.



### Maintenance

After you have completed the acute phase of treatment, as a part of your relapse prevention plan, you may be prescribed ongoing maintenance treatment and tapered down to 1 weekly session.

## Want to know more?

To learn more about TMS, TMS Clinics Australia, including clinic locations, call TMS Clinics Australia Patient Care Team on **1300 867 888** or visit **[www.tmsaustralia.com.au](http://www.tmsaustralia.com.au)**