Basic Life Support - Testing Sheet

**TESTING OBJECTIVES**

* To ensure that the candidate can safely and effectively perform basic life support on a collapsed infant and discuss the differences in a child.

**EQUIPMENT**

Resusci babe x no of testing stations

Self-inflating bags with reservoir x no of testing stations

**ENVIRONMENT**

Lay out the manikins so that they are easily accessible from all directions. If more than one station is set up in the same room, arrange this so that they do not interfere with each other.

**STANDARDS**

Testing is carried out according to the testing sheet shown below.

All of the points to be demonstrated to a satisfactory standard.

**PROCEDURE**

Give standard instructions to candidate. All points must be achieved in the correct order.

**Explain that we will be using BVM ventilation, the candidate can perform the first two rescue breaths then prompt the instructor to ventilate (correct cycle and rate) subsequently.**

If the candidate passes, the instructor keeps the sheet.

If the candidate requires a retest, document reasons and hand the sheet to candidate.

Basic Life Support - Testing Sheet

Candidate Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Information for candidate:

“This is your Basic Life Support test. You are in a hospital outpatient department. You notice this collapsed infant. Please take appropriate action.”

The following must be completed in the correct order.

|  |  |  |
| --- | --- | --- |
|  | **TEST** | **RETEST** |
| Check for Dangers | 🞏 | 🞏 |
| Assess Responsiveness | 🞏 | 🞏 |
| Send for Help | 🞏 | 🞏 |
| Open Airway | 🞏 | 🞏 |
| Assess Breathing | 🞏 | 🞏 |
| Give 2 Breaths **(BVM ventilation)** | 🞏 | 🞏 |
| Determine need for Chest Compressions | 🞏 | 🞏 |
| Start CPR –   * 15 compressions * 2 breaths (instructor prompted by candidate) | 🞏 | 🞏 |
| Effective CPR   * 100-120/min, minimal interruptions * Lower half sternum, 1/3rd AP depth | 🞏 | 🞏 |
| Continue CPR for 1 minute | 🞏 | 🞏 |
| Ensure help is coming | 🞏 | 🞏 |

**Notes:**

PASS / IMMEDIATE RE-TEST / FAIL (circle applicable result)

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_