# PLS Course Program

# *18 participants*

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| **Time** | **Activity** | **Presenter/s** |
| **0725 - 0755** | **FACULTY MEETING - Updates** [**Skills Repeated Practice**](https://7416869.fs1.hubspotusercontent-na1.net/hubfs/7416869/resources/pages/APLS%20Skills%20repeated%20practice%20-%20trial%202024.pdf) **&** [**Realiti (ALSi updated)**](https://www.apls.org.au/realiti) |  |
| **0740-0755** | Registration |  |
| **0755 - 0805** | [Welcome](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/EUZ96omQ_2pJvlVKnzTMtR0B-o8hch0C_IwBTUGaeDJD0g?e=FwtBZd) |  |
| **0805 - 0845** | [Plenary- Recognition of the seriously ill and injured child](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/ERfs4QDKUFdEuLFIGMOJN20B51EY-gL_8CCNwdidpZ_4lA?e=kq2cjT) |  |
| **0845 - 0925** | [Plenary- Basic Life Support, advanced life support and defibrillation](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/ESXOZ7jX4MpKvESzr6bLj-cBYGllVnCXnqA5d865Jx0epQ?e=GXI4My) |  |
| **0925– 1005** | Skills Stations  (Airway 40 mins, BLS & IO 20mins)  1. [Basic Life Support](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Basic%20life%20support%20and%20choking%20skills%20station%20July%202020.docx) (20 mins)  2. [Airway management](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/Airway%20Skills%20Station%20PLS%20July%202020%20with%20reference.pdf) (40 mins)  3. [Intra-osseous access](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/Vascular%20Access_6e.pdf) (20 mins) | Pink: BLS/IO  Yellow:Airway  Orange: IO/BLS |
| **1005-1020** | **Morning tea** |  |
| **1020-1100** | Skills Stations  (Airway 40 mins, BLS & IO 20mins)  1. Basic Life Support (20 mins)  2. Intra-osseous access (20 mins)  3. Airway management (40 mins)  4. Airway management (40 mins) | Yellow: BLS  Yellow: IO  Orange:: Airway  Pink: Airway |
| **1100-1200** | Skills Stations (2 x 30 mins)  1. [Structured approach to illness](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Serious%20illness%20skill%20station.ppt)  2. [Defibrillation](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Defib%20skills%20station_July%202020.docx) (maximum 6 in group)  3. Defibrillation (maximum 6 in group) |  |
| **1200 - 1235** | **Lunch** |  |
| **1235 - 1255** | Scenario demonstration and teamwork  Including “ground rules” and orientation to scenarios [Facilitating Scenarios](https://vimeo.com/359475368/cbe178b1e9) & [Debrief](https://vimeo.com/371354526/aad6c5def5) | Instructor:  Debriefer:  Candidate:  Assistants |
| **1255 – 1455** | [Scenario Stations](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Scenarios%206e%20June%202020.pdf) (3 x 40 mins)  1. Scenario A – scenarios 1 & 2  2. Scenario B –scenarios 3 & 4  3. Scenario C – scenarios 5 & 6  4. Scenario D – scenarios 7 & 8 | 20 mins for each scenario  (10-12 mins simulation with 8 mins Learning Conversation) with each candidate playing ‘lead’ role for given scenario |
| **1455 – 1515** | **Afternoon Tea** |  |
| **1515-1630** | Skills Repeated Practice w/ Coaching – Rotate roles/confirmation of [safe practice](https://7416869.fs1.hubspotusercontent-na1.net/hubfs/7416869/resources/pages/APLS%20Repeated%20Skills%20Safe%20Practice%20Guide%20FINAL%20March_2024.pdf) using CPR/ Defib criteria and Airway for opening maneuvers /bag valve mask  ***Coloured groups meet in Rooms*** | 3 instructors/room |
| **1630** | **Course debrief** |  |