# PLS Course Program

# *12 participants*

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| **Time** | **Activity** | **Presenter/s** |
| **0725 - 0755** | **FACULTY MEETING - Updates** [**Skills Repeated Practice**](https://7416869.fs1.hubspotusercontent-na1.net/hubfs/7416869/resources/pages/APLS%20Skills%20repeated%20practice%20-%20trial%202024.pdf) **&** [**Realiti (ALSi updated)**](https://www.apls.org.au/realiti) |  |
| **0745-0800** | Registration |  |
| **0800 - 0810** | [Welcome](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/EUZ96omQ_2pJvlVKnzTMtR0B-o8hch0C_IwBTUGaeDJD0g?e=FwtBZd) |  |
| **0810 - 0850** | [Plenary- Recognition of the seriously ill and injured child](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/ERfs4QDKUFdEuLFIGMOJN20B51EY-gL_8CCNwdidpZ_4lA?e=kq2cjT) |  |
| **0850 - 0930** | [Plenary- Basic Life Support, advanced life support and defibrillation](https://aplsorgau-my.sharepoint.com/:p:/g/personal/jane_stanford_apls_org_au/ESXOZ7jX4MpKvESzr6bLj-cBYGllVnCXnqA5d865Jx0epQ?e=GXI4My) |  |
| **0930– 1010** | Skills Stations  (Airway 40 mins, BLS & IO 20mins)  1. [Basic Life Support](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Basic%20life%20support%20and%20choking%20skills%20station%20July%202020.docx) (20 mins)  2. [Airway management](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/Airway%20Skills%20Station%20PLS%20July%202020%20with%20reference.pdf) (40 mins)  3. [Intra-osseous access](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/Vascular%20Access_6e.pdf) (20 mins) | Pink: BLS/IO  Orange: Airway  Pink: BLS/IO |
| **1010-1025** | Morning tea |  |
| **1025-1105** | Skills Stations  (Airway 40 mins, BLS & IO 20mins)  1. Basic Life Support (20 mins)  2. Intra-osseous access (20 mins)  3. Airway management (40 mins) | Orange: : BLS/IO  Orange: : BLS/IO  Pink: Airway |
| **1105-1205** | Skills Stations (2 x 30 mins)  1. [Structured approach to illness](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Serious%20illness%20skill%20station.ppt)  2. [Defibrillation](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Defib%20skills%20station_July%202020.docx) (maximum 6 in group) |  |
| **1205 - 1240** | Lunch |  |
| **1240 - 1310** | Scenario demonstration and teamwork  Including “ground rules” and orientation to scenarios [Facilitating Scenarios](https://vimeo.com/359475368/cbe178b1e9) & [Debrief](https://vimeo.com/371354526/aad6c5def5) | Instructor:  Debriefer:  Candidate:  Assistants |
| **1310 – 1510** | [Scenario Stations](https://f.hubspotusercontent10.net/hubfs/7416869/resources/pages/PLS%20Scenarios%206e%20June%202020.pdf) (2 x 60 mins)  1. Scenario A – scenarios 1, 2,3  2. Scenario B –scenarios 4,5,6 |  |
| **1510 – 1525** | **Afternoon Tea** |  |
| **1525-1630** | Skills Repeated Practice w/ Coaching – Rotate roles/confirmation of [safe practice](https://7416869.fs1.hubspotusercontent-na1.net/hubfs/7416869/resources/pages/APLS%20Repeated%20Skills%20Safe%20Practice%20Guide%20FINAL%20March_2024.pdf) using CPR/ Defib criteria and Airway for opening maneuvers /bag valve mask  ***Coloured groups meet in Rooms*** | 3 instructors/room if possible |
| **1630** | **Course debrief** |  |