

APLS: Basic Life Support

Testing Station

Testing Objectives

- To ensure that the candidate can safely and effectively perform basic life support on a collapsed infant and discuss the differences in a child.

Equipment

Resusci babe x no of testing stations

Self-inflating bags with reservoir x no of testing stations

Environment

Lay out the manikins so that they are easily accessible from all directions. If more than one station is set up in the same room, arrange this so that they do not interfere with each other.

Standards

Testing is carried out according to the testing sheet shown below.

All of the points to be demonstrated to a satisfactory standard.

Procedure

Give standard instructions to candidate. All points must be achieved in the correct order.

Explain that we will be using BVM ventilation, the candidate can perform the first two rescue breaths then prompt the instructor to ventilate (correct cycle and rate) subsequently.

If the candidate passes, the instructor keeps the sheet.

If the candidate requires a retest, document reasons and hand the sheet to candidate.

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Candidate Name & No:

Information for candidates:

This is your Basic Life Support test.

You are in a hospital outpatient department. You notice this collapsed infant. Please take appropriate action.

The following must be completed in the correct order.

	TEST	RETEST
Check for Dangers	<input type="checkbox"/>	<input type="checkbox"/>
Assess Responsiveness	<input type="checkbox"/>	<input type="checkbox"/>
Send for Help	<input type="checkbox"/>	<input type="checkbox"/>
Open Airway	<input type="checkbox"/>	<input type="checkbox"/>
Assess Breathing	<input type="checkbox"/>	<input type="checkbox"/>
Give 2 Breaths (BVM ventilation)	<input type="checkbox"/>	<input type="checkbox"/>
Determine need for Chest Compressions	<input type="checkbox"/>	<input type="checkbox"/>
Start CPR – <ul style="list-style-type: none"> • 15 compressions • 2 breaths (instructor prompted by candidate) 	<input type="checkbox"/>	<input type="checkbox"/>
Effective CPR <ul style="list-style-type: none"> • 100-120/min, minimal interruptions • Lower half sternum, 1/3rd AP depth 	<input type="checkbox"/>	<input type="checkbox"/>
Continue CPR for 1 minute	<input type="checkbox"/>	<input type="checkbox"/>
Ensure help is coming	<input type="checkbox"/>	<input type="checkbox"/>

Notes:

Circle applicable result:

PASS

RE-TEST -

PASS

FAIL

Signed _____