

# YOUR TABLET AND MYLIFE365 APPS



## Power Button

Hold to turn tablet on. Hold to turn tablet off. Press to sleep or wake.

## Volume Button

Press top to raise the volume.

Press bottom to lower the volume.

## Touch Screen

Access apps and use the keyboard by touching the screen with a finger.

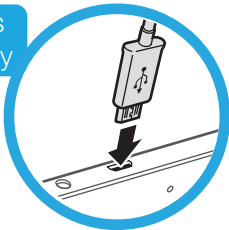
## Home Button

Return to the main apps screen. Press to wake.

## Go Back

Return to the previous screen.

\*only fits one way

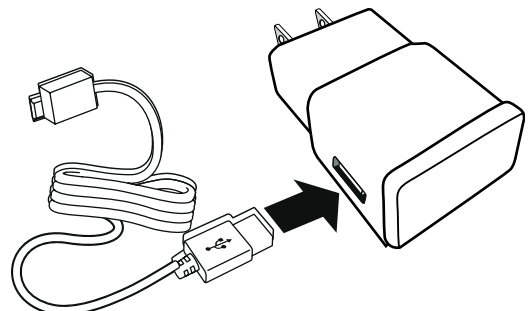


## Charging Port

Insert small end of the charger here.

## Charging Cable with Power Adapter

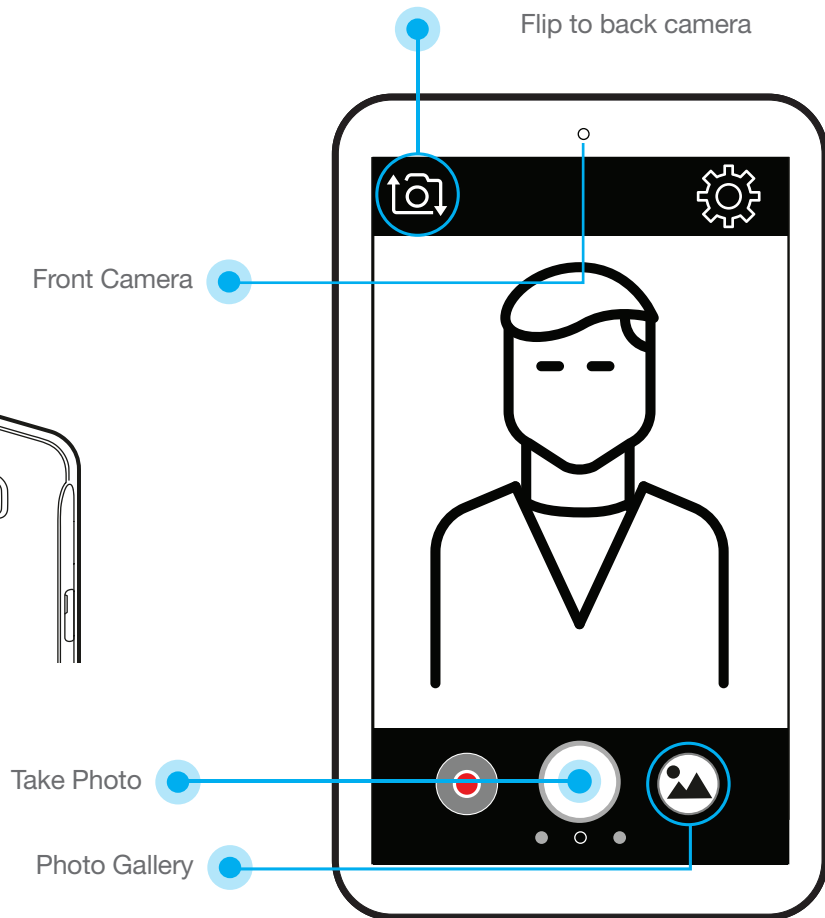
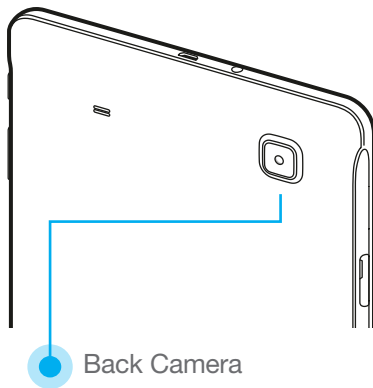
\*only fits one way



# CAMERA

## 1 Open Camera

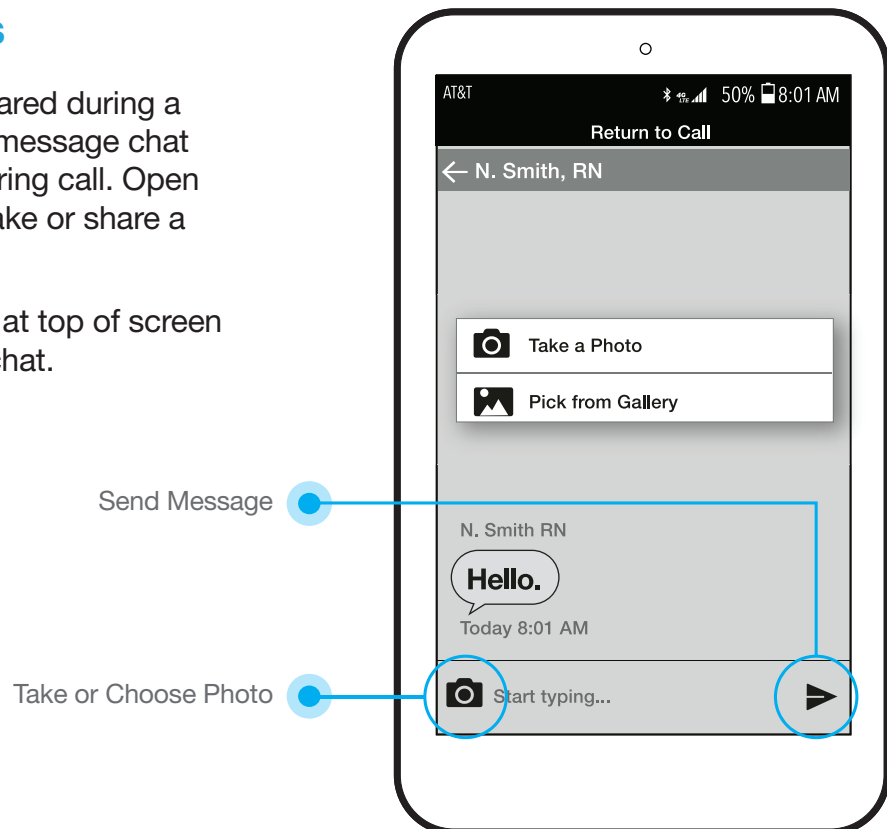
Tap the camera icon to start.



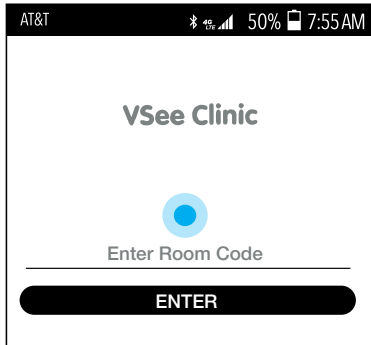
## 2 Share Photos

Pictures can be shared during a video chat only. A message chat will be received during call. Open message chat to take or share a photo.

Tap **Return to Call** at top of screen to return to video chat.



# 2-WAY VIDEO CHAT



AT&T 50% 7:55 AM

VSee Clinic

Enter Room Code

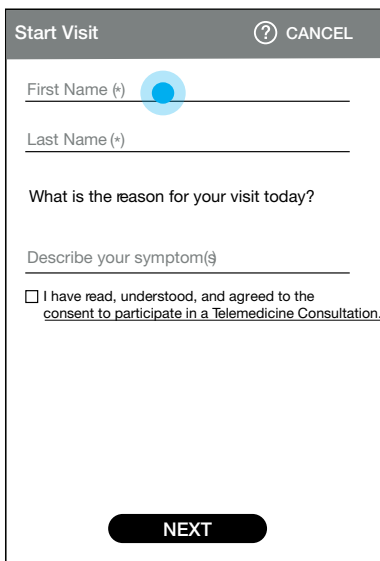
ENTER

## 1 Select Room Code

Tap **Enter Room Code**.

Select your code from the list.

Tap the **ENTER** button.



Start Visit ? CANCEL

First Name (\*)

Last Name (\*)

What is the reason for your visit today?

Describe your symptom(s)

☐ I have read, understood, and agreed to the consent to participate in a Telemedicine Consultation.

NEXT

## 2 Complete Start Visit Form

Enter First Name.

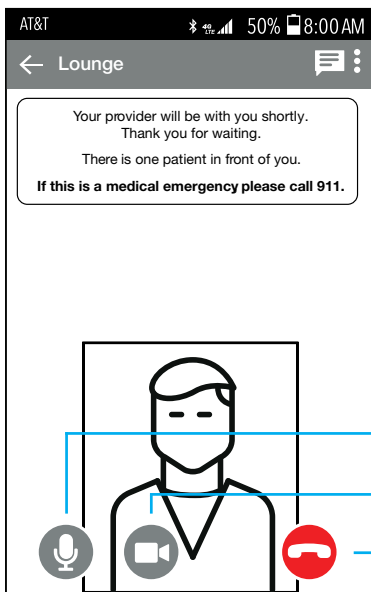
Enter Last Name.

Enter reason for visit, or skip.

Tap the check box.

Tap the **NEXT** button.

**Note:** Tap outside the keyboard, or tap the blue **Next** button on the keyboard, to close it.



AT&T 50% 8:00 AM

← Lounge

Your provider will be with you shortly.  
Thank you for waiting.

There is one patient in front of you.

**If this is a medical emergency please call 911.**

Video chat interface showing a person's video feed and controls.

## 3 Waiting Room

You will enter the waiting room until your call is answered.

- Mute / unmute microphone
- Turn camera on and off
- End Call

# SURVEY QUESTIONS

1



## Open the Survey App

Tap the survey icon to start.



You may be requested to complete a survey one or more times per day.

2

## Answer Survey Questions

Tap to select your answer.

You will automatically move to the next question.

To go back to a question, scroll down on the tablet screen with finger.

1. Did you take all of your medications yesterday?

☒ Yes

☐ No



3

## Answer Survey Questions

Surveys are automatically sent to the care team.

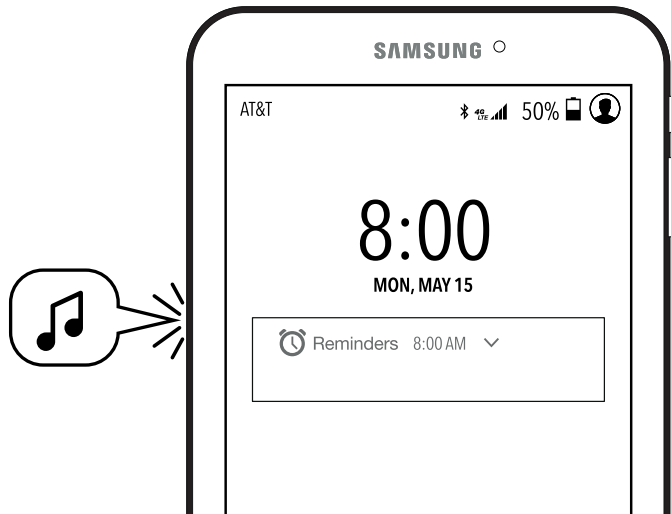
Select the Home button on the tablet when the “Survey Complete Screen” is shown.



# REMINDERS

## 1 Reminder Alerts

Reminders are scheduled by the care team. The tablet will sound an alert tone and display a message when a reminder is due.



## 2 Respond to Reminders

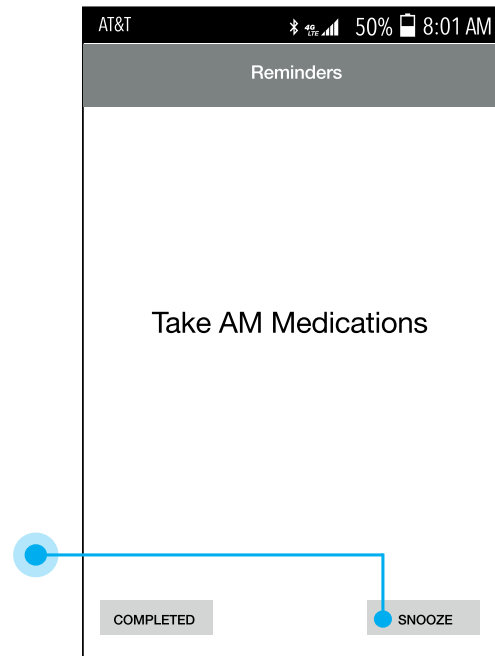
Swipe the screen to unlock tablet.

Tap to open the Reminders app.

Tap Completed or Snooze.

If no action is taken for 10 minutes, reminder will be recorded as missed.

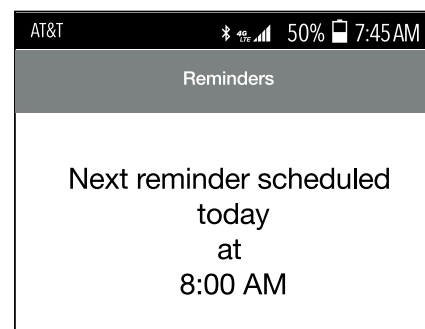
Snooze is 3 minutes



## 3 View Next Reminder

Tap the Reminder app to open. The next scheduled reminder time will be displayed.

Press the Home button or the (↩) back button to return to the Home screen.



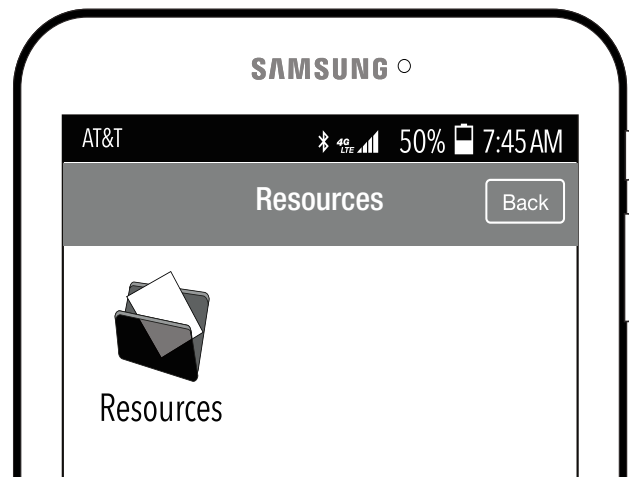
# RESOURCE LIBRARY

## 1 Open Resource Library

Tap the Resource Library icon to open.

Tap the folders to open content.

The tablet is pre-loaded with content by the care team.

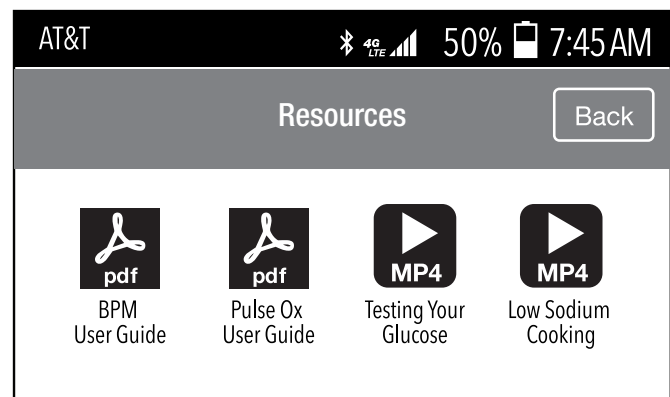


## 2 Open Content

Tap the document icon to open.

Tap the (↩) back button to close the document and return to library.

Tap the Home button to return to the Home screen.



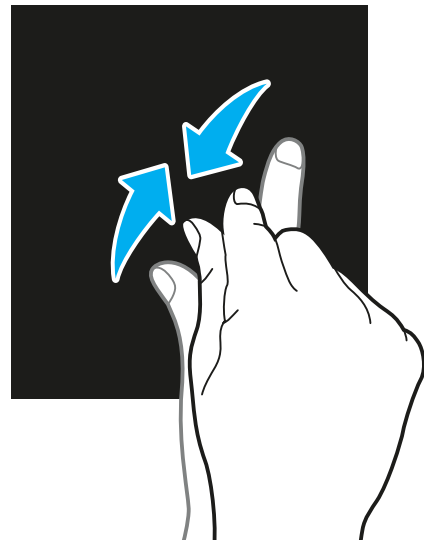
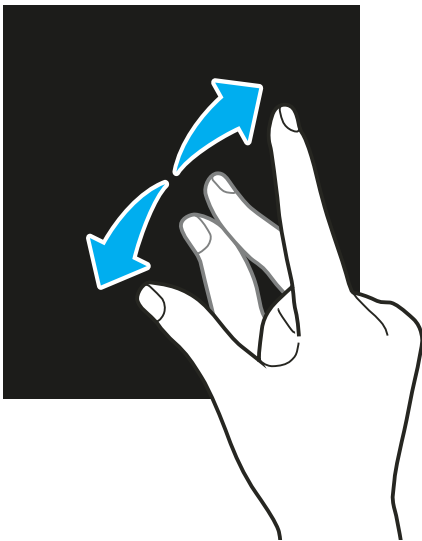
# HELPFUL TIPS

## Zooming In and Out

To look at a document or image closer, you can “zoom” in and out.

Spread two fingers on screen to zoom in and make the image bigger.

Pinch two fingers together to zoom back out.



## Other Notices:

- The tablet must be on to receive readings from devices.
- The tablet does not need to be “awake” to receive readings.
- Take your readings in the same room as the tablet.
- Leave tablet plugged into power so it does not die.