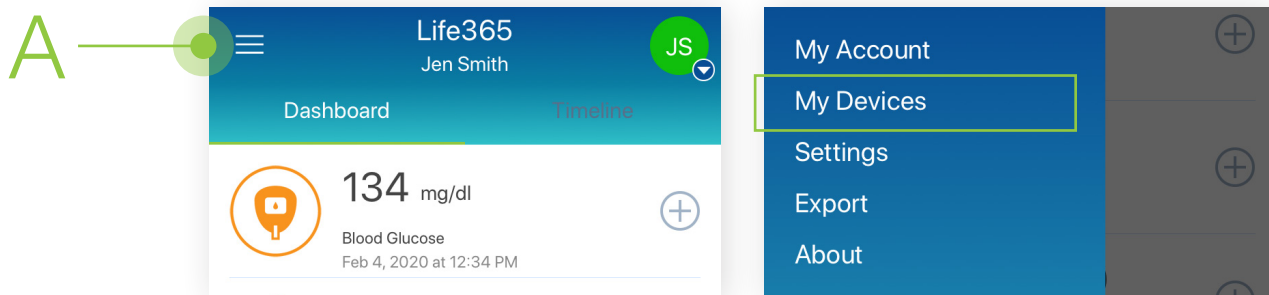


# Pairing the Indie Health Blood Pressure Monitor with the Life365 App

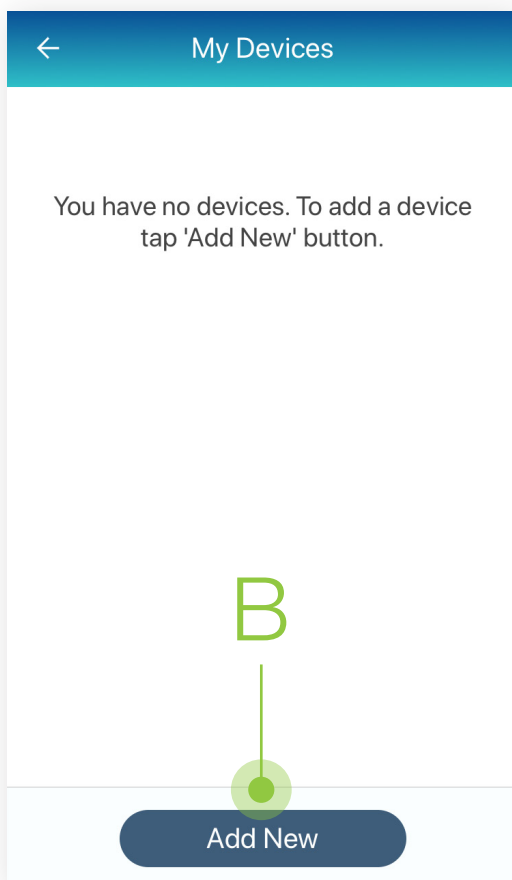
 Follow Manufacturer Instructions for Use.  
For additional assistance, contact your Care Provider.

Version Update August 2020

- 1 Select the **Hamburger Icon (A)**, located in the upper left of the Life365 app screen. Select **My Devices**.



- 2 On the My Devices screen, select the button **Add New (B)**. The smart device will search for your Bluetooth device.



- 3 To pair, take a test blood pressure reading by applying the cuff on your arm.

Press the **START/STOP (C)** button twice to take a reading.

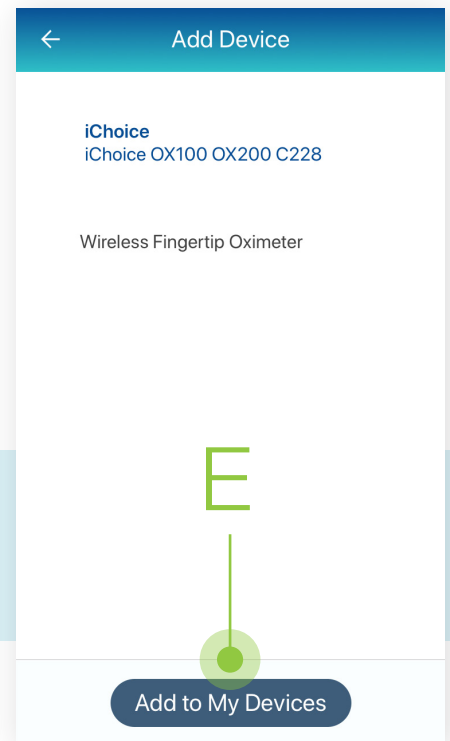
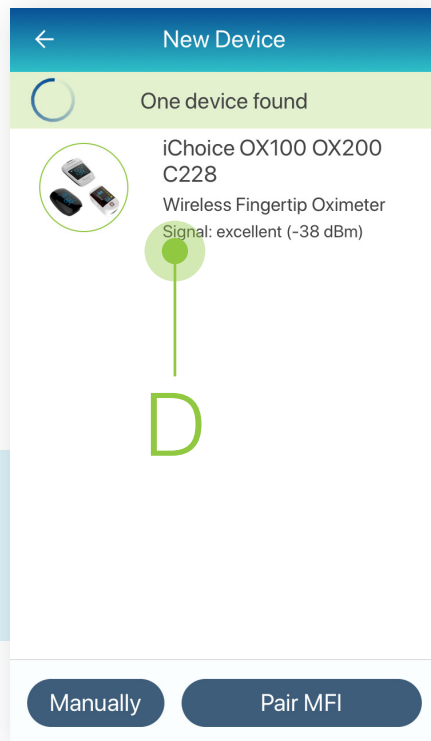


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- 4 Once found in the app, select the Bluetooth device **name (D)**.

Select the button **Add to My Devices (E)**.

*This is an example. Device name displayed will reflect the Bluetooth device the user is attempting to pair.*



**Device pairing is now complete.**

For video instructions, and other helpful resources, visit <https://www.life365.health/en/support/app>.