


# Pairing the iChoice Blood Pressure Monitor with the Life365 App

 Follow Manufacturer Instructions for Use.  
*For additional assistance, contact your Care Provider.*

Version Update August 2020

- 1 Select the **Hamburger Icon** (  ), located in the upper left of the Life365 app screen. Select **My Devices**.
- 2 On the My Devices screen, select the button **Add New**. The smart device will search for your Bluetooth device.
- 3 To pair, press and hold the **User 2** button until alternating squares appear on the blood pressure monitor screen.
- 4 Once found in the app, select the Bluetooth device **name**.
- 5 Select the button **Add to My Devices**.

*Device pairing is now complete.*

For video instructions, and other helpful resources, visit  
<https://www.life365.health/en/support/app>.