


Pairing the A&D Weight Scale with the Life365 App

 Follow Manufacturer Instructions for Use.
For additional assistance, contact your Care Provider.

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- 1 Select the **Hamburger Icon** (), located in the upper left of the Life365 app screen. Select **My Devices**.
- 2 On the My Devices screen, select the button **Add New**. The smart device will search for your Bluetooth device.
- 3 To pair, press and hold the small button on the back of the scale for 3-4 seconds until **PR** is displayed on the weight scale screen.
- 4 Once found in the app, select the Bluetooth device **name**.
- 5 Select the button **Add to My Devices**.

Device pairing is now complete.

For video instructions, and other helpful resources, visit
<https://www.life365.health/en/support/app>.