Stay Connected & Healthy with TVHC CareSignal!

TIBURCIO VASQUEZ Health Center

How Does TVHC CareSignal Work?

- TVHC CareSignal sends you simple text messages or automated phone calls to check in on your health.
- Your responses are seen by your TVHC Care Team so they can reach out and support you when you need it most.
- You can receive messages or calls to your smartphone, landline, or basic cellphone.

Why Should I Enroll in TVHC CareSignal?

- Stay connected with your TVHC Care Team between doctor appointments
- Your messages arrive at a time that you choose. It only takes a few minutes each week to respond to messages.
- Engaging with the TVHC CareSignal through texts & calls helps you stay healthy from the comfort of your home.
- TVHC CareSignal is a free service.

Want to Learn More?

If you'd like more information about TVHC CareSignal, please call your TVHC Community Health Care Team.

If you have an emergency, call 911

How Do I Enroll?

In the coming weeks, you will get a phone call or a text message to help you enroll in TVHC CareSignal.

Messaging Available for Any Type of Phone



Example Diabetes Messages

