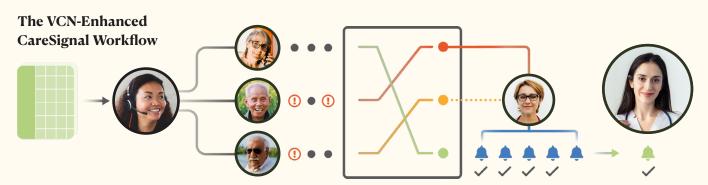
# Virtual Care Navigation

Increase scale with CareSignal's Virtual Care Navigation (VCN) team. Our Virtual Care Navigators (VCNs) are a natural, flexible extension of your team. VCNs enable your team to perform top-of-license work. Our VCNs are appropriately licensed to unlock agile new program use-cases to accommodate shifts in strategies or new population needs. VCN services include: care coordination, health coaching, behavioral health outreach, and maternal health support.



#### Identify

You send a list of those eligible for CareSIgnal

#### Enroll

Our Engagement Specialists consent and enroll people

#### Engage

Texts and calls collect data

### Triage

Programs display urgent needs and risk in real-time

#### **VCN Outreach**

Our VCNs manage the dashboard and perform outreach

#### Escalate

Your team gets a warm hand-off for escalations, as needed

## How Virtual Care Navigation Works for Your Team



## **Dashboard Management**

VCNs are an added layer of dashboard management for care teams. They can:

- · Field alerts
- · Address risk-status changes
- · Support program engagement
- Enable new program use-cases with licensure

### **Routine Outreach**

Protect your team's top-of-license care. VCNs can perform initial outreach to:

- Confirm and document concerning inbound data
- · Re-educate patients and members
- · Coordinate escalation of care, as needed
- Provide proactive Health and Wellness coaching

#### ■ Care Coordination **VCN Coverage** Health Coaching **4** Behavioral Health Maternal Health CHF Diabetes Depression Breastfeeding **Programs** Diabetes Asthma Anxiety Post-Partum Depression Asthma Wellness SubstanceUse 囯 COPD HTN Med Adherence HTN Post-Discharge Diet & Nutrition · Low Mood Escalations in symptoms · Loss of Pregnancy **Monitoring** New health concerns Exercise & Weight · Suicidal Ideation · Transition from Escalation in long-term Tobacco Cessation · PHQ-9 & GAD-7 Surveys Breastmilk to Formula health risk status category Home Equipment Needs · Recent Substance Use Breastfeeding Medication Needs · Increased Triggers to Use Complications **EPDS Survey Score** · Indication of Self-Harm · MA RN/LPN · LCSW · Lactation Consultant Licensure RN/LPN **CDCES** LCSW Ų۶



