

# General Medical Check-In

Tracks a range of symptoms across fragile populations including Fever, Painful Urination, Rash, Trouble Breathing, Swelling, Abdominal Discomfort, and New Symptoms. By texting "CONNECT" patients can report new symptoms proactively. In addition, Monthly Medication Reconciliation & Activities of Daily Living are monitored.

## Example Messages

### Weekly Check-In Messages

Since we last checked in, have you experienced any of the following new symptoms that you haven't talked to your doctor about yet? (1/2)

1) fever/chills 2) nausea/vomiting/diarrhea 3) stomach or abdominal discomfort 4) new/painful rash or skin redness Reply all that apply (e.g. 134) or NONE (2/2)

### Monthly Check-In Messages

In the past month, have you been taking your medications as prescribed by your doctor? Please reply YES/NO.

How have you felt doing normal daily activities this past month?

## Alerts

- 🔔 New Sx Reported
- 🔔 Positive Symptom(s) Indicated on ROS
- 🔔 Not Taking Med as Prescribed Due to [Reason]
- 🔔 Change in Mobility / Activity

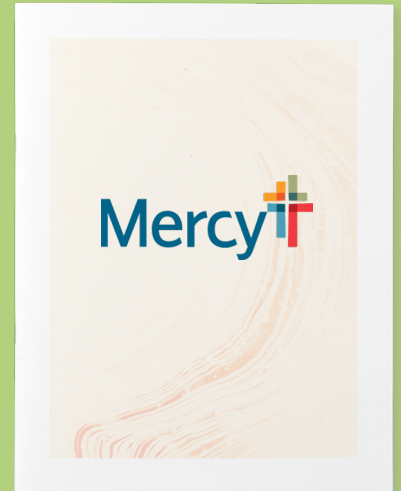
## Target Populations

- Fragile Populations & Patients With or Without a Condition Specific Diagnosis
- Medicare Advantage, Home Care, & ACO Populations
- Post Discharge (ED, In-Patient, & OSB Hospital Discharge)

## Symptoms Collected

- Fever
- Pain Urinating
- Rash
- Trouble Breathing
- Swelling
- Abdominal Discomfort
- New Symptoms

## Featured Case Study



**2.03%** Average HbA1c Reduction

Mercy Increased Diabetes Self-Management & Delivered Proactive Care

[Read the Case Study](#)

## Features

- Weekly or Monthly Check-In Tool
- Monitors a Broad Range of Patient Symptoms
- Monthly Medication Reconciliation & Activities of Daily Monitoring
- Two-Way Proactive Alert via Patients Texting "CONNECT"

## Weekly Check-In

1. Monitors a broad range of patient symptoms including **Fever, Pain, Urinating, Rash, Trouble Breathing, Swelling, & Abdominal Discomfort.**
2. Ability to report New Symptoms in addition to symptoms tracked by the program.

## Monthly Check-In

1. **Medication Reconciliation** questions asking if prescribed medications have been taken correctly.
2. **Activities of Daily Living Monitoring** questions asking how patients have felt doing normal daily activities throughout the past month.

## In-Bound Connect Feature

- Patients reminded they can text "CONNECT" at any time
- In-bound "CONNECT" text prompts check-in question and opportunity for patients to report symptoms
- Alerts Triggered
- Phone option for automated calls



Learn more about how your organization can apply CareSignal's General Medical Check-In Program. Contact [Emily Srygley](#) to learn more!