



Stay Connected & Healthy with HTC CareSignal!

How Does HTC CareSignal Work?

- HTC CareSignal sends you simple text messages or automated phone calls to check in on your blood sugar and basic needs.
- Your responses are seen by your Care Team at Heal the City so they can reach out and support you when you need it most.
- You can receive messages or calls to your smartphone, landline, or basic cellphone.

How Do I Enroll?

- In the coming weeks, you will get a phone call from 806-602-8258 or a text message to help you enroll in HTC CareSignal
- Respond to the text messages to enroll in HTC CareSignal.

Why Should I Enroll in HTC CareSignal?

- A great way to stay connected with your Care Team between doctor appointments
- Your messages arrive at a time that you choose. It only takes a few minutes each week to respond to messages.
- HTC CareSignal helps you stay healthy from the comfort of your home.
- HTC CareSignal is a free service. You will never pay for messages or phone calls!

Want to Learn More?

If you'd like more information about HTC CareSignal or need to speak to a nurse please call your care team.

Contact Number: 806-803-9486

If you have an emergency, call 911

Messaging Available for Any Type of Phone



Example Diabetes Messages

