



# HOMELESS CARE PACKAGES

On any given night in Central Minnesota at least 15 families looking for a place to sleep are turned away from local shelters because they are full. These community members deserve access to basic necessities for hygiene and health. You can give a helping hand to individuals who are homeless or living in transitional housing by simply creating a shoebox and filling it with toiletries. Easy opportunities like this strengthen our community and provide relief to those in need.

## THE PROJECT

- Find a shoebox. Decorate it however you want!
- Purchase or collect new supplies.
- Fill the shoebox with the supplies. Please note that the shoeboxes may be opened for safety inspections before being delivered.

## REFLECTION

- How would your life be different if you didn't have access to basic health and hygiene supplies?
- How did participating in the Shoebox Project impact your life? How will it impact the individual you help?

## TAKE ACTION

Find a shoebox and fill it with toiletries and other basic necessities for homeless individuals and community members living in shelters or transitional housing.

## SUPPLIES

Shoebox	Deodorant	Hair comb/brush	Tampons/panty liners
Bar soap	Toothbrush	Hand towels	Resealable zipper storage bags
Lotion	Toothpaste	Socks	Travel size shampoo & conditioner
Razors	Sunscreen	Tissues	Bandages and antibiotic ointment
Rain ponchos	Bus Passes		Laundry Gift Cards

Drop off at United Way of Central Minnesota, 921 1st Street North, St. Cloud 56303  
Contact Mary Krippner, Director of Volunteer Engagement at 320-223-7991