Pre-Kindergarten Readiness Guidelines

COVENANT

As parents, we are filled with hopes and dreams for our children. Will they be smart, well liked, a musical virtuoso, or contribute something significant to society?

Entering school is one of those milestones where we see our hopes begin to take shape. How can we as parents best prepare them for the beginning of their academic careers? What is it that will make them successful in their new environment? It may not be what many parents think.

Below are some behaviors and attitudes that are taught in our K3 program that have proven to make for a successful, smooth transition into a Pre-Kindergarten program:

INDEPENDENT BEHAVIORS

- ☐ Dress him or herself (shoes, zippers and buttons)
- ☐ Use the bathroom without help of an adult
- ☐ Basic table manners
- ☐ Enter and exit vehicle with no adult help

SOCIAL BEHAVIORS

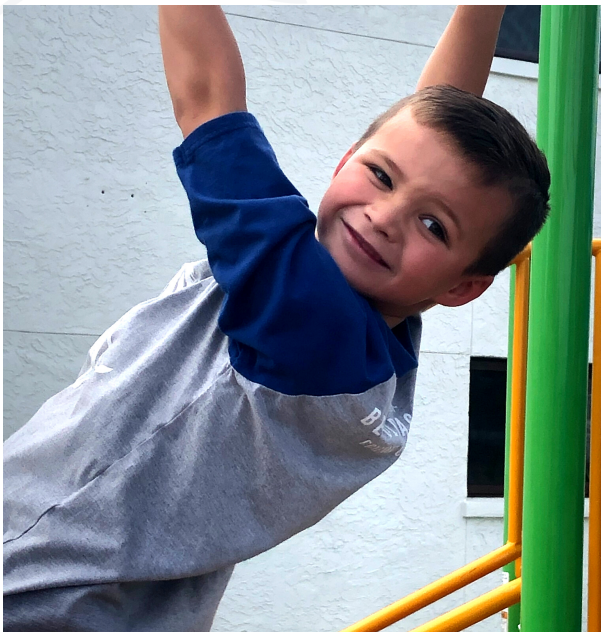
- [ ] State age
- [ ] State full names of both parents
- [ ] Wait his or her turn
- [ ] Share items with other children
- [ ] Share thoughts and feelings
- [ ] Resolve conflict without force or crying
- [ ] Follow three-series directions
- [ ] Willingly follow directions from an adult

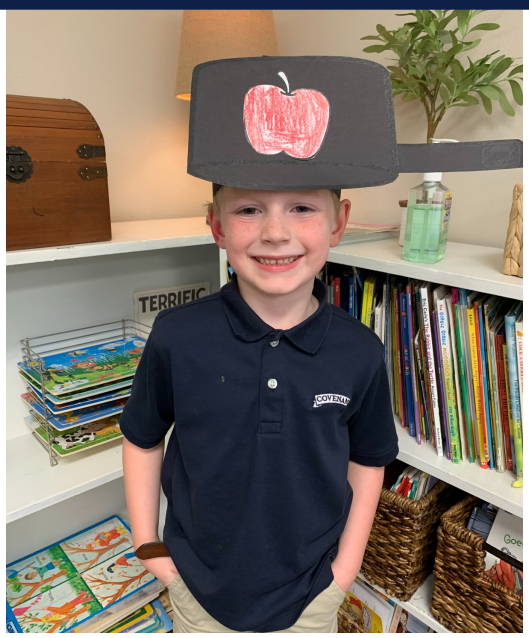
FINE MOTOR SKILLS

- [ ] Hold a pencil properly
- [ ] Understand one to one correspondence (ex: matching 7 socks to 7 shoes)
- [ ] Introduce scissors
- [ ] Paint with large brushes
- [ ] Color inside the lines of a simple picture
- [ ] Write numbers 1-10
- [ ] Write first name using both upper and lower case letters

GROSS MOTOR SKILLS

- [ ] Catch a large ball
- [ ] Hop on one foot
- [ ] Complete a jigsaw puzzle with at least 10 pieces
- [ ] Pump him or herself on a swing





LITERACY

- [ ] Know how to hold a book upright
- [ ] Understand a book reads from left to right
- [ ] Answer simple questions about the story
- [ ] Identify primary colors (red, blue, green, black, yellow, white, orange, purple)
- [ ] Identify basic shapes (square, triangle, rectangle, circle, star, heart)
- [ ] Identify and verbalize feelings (happy, sad, angry, ect.)
- [ ] Identify basic body parts (arms, legs, hands, feet, head, stomach, heart, brain)
- [ ] Sort objects according to patterns (size, color, materials, ect.)
- [ ] Identify adjectives as they relate to touch (soft, hard, fuzzy, smooth, rough, ect.)
- [ ] Identify seasons (fall, winter, spring, summer)
- [ ] Name the days of the week
- [ ] Identify weather as it relates to each day (rainy, cloudy, hot, cold, ect.)
- [ ] Describe actions depicted in pictures
- [ ] Identify all capital letters
- [ ] Identify all lower-case letters
- [ ] Say all 26 phonograms of the alphabet
- [ ] Identify numbers 1-20

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