

until 11a on weekdays + 2p on weekends

Drinks available all day

EGG SANDWICHES

BACON + AVOCADO	5.99
bacon, avocado, egg, sriracha mayo on brioche bun	
BACON + CHEDDAR	5.99
bacon, egg, cheddar, sriracha mayo on brioche bun	
TOMATO + AVOCADO 	5.99
tomato, egg, avocado, mixed greens on brioche bun	
SAUSAGE + CHEDDAR	6.99
Cured & Crisp sausage, egg, cheddar on brioche bun	
BACON + GOAT + CROISSANT	6.99
bacon, egg, goat cheese on croissant	
BREAKFAST KING	9.99
bacon, sausage, 2 eggs, cheddar sriracha mayo on croissant	


SWEET POTATO HASH

CHOR-IZ-GOOD	5.99
sweet potatoes, chorizo, black beans, eggs, spinach, sweet onion, 'Moroccan Magic' seasoning	
BAY BE BLUE CRAB	7.49
sweet potatoes, maryland lump blue crab, eggs, spinach, carrots, sweet onions, chesapeake seasoning	
VEG OUT BRAH 	5.99
sweet potatoes, butternut squash, cremini mushrooms, eggs, spinach, sweet onion, garam masala seasoning	

BREAKFAST ADD-ONS


+ 0.99	+ 1.99
Cheddar	Bacon
Egg	Roasted Chicken
Goat Cheese	Cured & Crisp Sausage
Provolone	
Croissant	

COFFEE, TEA & CIDER

 Proudly brewing
Compass Coffee

	S	M	L
DRIP COFFEE	2.15	2.55	3.25
TEA	2.15	2.55	3.25
NITRO COLD BREW OR ICED TEA	2.70	3.30	3.75
VIETNAMESE ICED COFFEE	3.65	4.25	4.70
sweetened condensed milk with espresso and nitro coffee			
CHAI LATTE	4.25	4.65	5.25
HOT CHOCOLATE	2.95	3.65	4.05
APPLE CIDER	3.75	4.15	4.75

ESPRESSO DRINKS

ESPRESSO	 Hot or Iced!	2.75
CORTADO		3.65
MACCHIATO		3.65
AMERICANO		2.95 3.65 4.05
CAPPUCCINO		3.95 4.35 4.85
LATTE		3.95 4.35 4.85
MOCHA		4.65 4.85 5.55

free
almond • oat • soy milk

+ 0.95
extra espresso shot
chai • chocolate • vanilla syrup



Check out our local Accelerator brands on the menu!



Veggie* Confetti

HOT SANDWICHES

Also available
on GF bread

- BLT AVOCADO** 8.99
bacon, lettuce, tomato, onion, avocado, with sriracha mayo on rosemary
- TURKEY + AVOCADO + BACON CLUB** 9.99
turkey, bacon, lettuce, tomato, onion, avocado, with sriracha mayo on rosemary
- TRIPLE DECKER CLUB** 12.99
turkey, ham, bacon, lettuce, tomato, onion, avocado, with sriracha mayo on rosemary
- BRUSSEL HUSTLE**  9.99
brussel sprouts, hummus, cucumber, tomato, mixed greens, with chimichurri on ciabatta
- ROAST BEEF + PESTO** 12.99
roast beef, provolone, parmesan, tomato, onion, mixed greens with pesto mayo on rosemary
- BUFFALO CHICKEN** 10.99
roasted chicken in pineapple buffalo sauce, cheddar, tomato, lettuce, pickled onions, with ranch on ciabatta
- BBQ CHICKEN BACON** 10.99
roasted chicken in sweet & smoky BBQ sauce, cheddar, slaw on ciabatta
- MEATBALL SUB** 10.99
Italian meatballs, mozzarella, parmesan, onion on ciabatta
- 3RD ST SPECIAL** 12.99
roast beef, provolone, BBQ sauce, onion on rosemary

COLD SANDWICHES

Also available
on GF bread

- ITALIAN** 10.99
ham, salami, pepperoni, provolone, lettuce, tomato, onions, banana peppers with Italian dressing and pesto mayo on ciabatta
- CHIMI-CHICKEN SALAD SANDWICH** 8.99
chicken salad, cucumbers, tomato, pickled onion with mixed greens and chimichurri on multigrain
- TURKEY + CHEESE** 9.99
turkey, provolone, lettuce, tomato, onion, with dijonaise on multigrain
- HAM + CHEESE** 9.99
ham, cheddar, lettuce, tomato, onion, with dijonaise on multigrain
- DELI COMBO** 10.99
turkey, ham, cheddar lettuce, tomato, onion, with dijonaise on ciabatta

SALADS

+1.99 ADD AVOCADO
ADD CHICKEN

- CHICKEN + BRUSSELS** 9.99
roasted chicken, brussels sprouts, goat cheese, pickled onions on mixed greens with balsamic vinaigrette dressing
- MEAT + VEGGIE** 9.99
meatballs, brussels sprouts, topped with slaw on mixed greens
- BERRY + GOAT CHEESE**  8.99
mixed berries, goat cheese, grape tomatoes, pickled onions, walnuts, parmesan, cucumber with vinaigrette on mixed greens
- BRUSSELS + HUMMUS**  9.99
brussels sprouts, hummus, chimichurri, cucumber, grape tomatoes, slaw on mixed greens
- CHICKEN SALAD** 9.99
chicken salad, grape tomatoes, cucumber, pickled onions on mixed greens with chimi

GRILLED CHEESE & MELTS

Also available
on GF bread

- CHEESE PLEASE**  5.99
cheddar and provolone cheese with dijonaise on multigrain
- C.A.P.S.** 7.99
roasted chicken, avocado, provolone, sriracha mayo on multigrain
- TOMATO + MOZZ + PESTO**  7.99
mozzarella cheese and tomato with pesto mayo on rosemary
- TUNA MELT** 7.99
tuna salad, provolone, tomato, pickled onion with mixed greens on multigrain

PIZZA & BITES

- 10 INCH PERSONAL PIZZA**  8.99
Margherita or Wild Mushroom

ADD PEPPERONI OR MEATBALLS + 1.99

- ITALIAN MEATBALLS** 5.99
beef + pork meatballs in tangy marinara sauce
- SOUP DU JOUR** 3.99
- BRUSSELS SPROUTS**  4.99
balsamic roasted brussels sprouts