



**“Took my
vaccine for
all my senior
citizen friends.”**

- Ms. Lucille D. Seymour

Benefits: People aged 60 and over who contract COVID-19 are known to have more complications from the disease. With the Pfizer-BioNTech vaccine, you can protect yourself and those who are most vulnerable from the worst effects of COVID-19.

✘ Myth: The side effects from the vaccine are just as bad as COVID-19 itself.

✔ Fact: **No.** Local pain around the injection site is quite normal as are headaches, muscles aches, chills, joint pain or raised temperature in the days after the vaccine is administered. These side effects are typically less likely to be experienced in older age groups.

✘ Myth: The COVID-19 vaccine will alter my DNA.

✔ Fact: **No.** Vaccines work by instructing your body's cells to build an immune response by creating antibodies. This gives you future protection against infection. The vaccine does not interact with your DNA. The vaccine is destroyed and removed from your body once it has finished using the instructions.

If you are home bound or unable to attend one of the vaccination clinics, please contact the **'Flu Hotline** or your **local HSA District Health Centre** to arrange for a visit from a Public Health nurse.

HSA Flu Hotline: **1-800-534-8600** or **925-6327** or **flu@hsa.ky**



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COVID-19
gov.ky/coronavirus



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congregation.”**

- Pastor Dave Jorge

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