

Exercise & Sports



From **27 September 2021**, rules surrounding exercise and sport have changed.

Indoors

No more than **50% of the legal capacity** will be allowed inside at any one time.

No person except an employee of the gym, fitness centre or other indoor fitness area, shall enter the indoor area unless “the person has”:

- completed an approved vaccine course at least “**14 days** prior; or”
- presented the owner/operator with a **negative PCR test result**, taken no more than **48 hours prior** to the date of the activity.

Each person in the gym, fitness centre or other indoor fitness area shall maintain a distance of **six feet** from every other person who is not part of the same household.

Outdoors

Limited to no more than **250 people** at any time including spectators and participants in the relevant sporting activity.

Each spectator must maintain a distance of **six feet** from every other person who is not part of the same household.

Visit **www.explore.gov.ky/** to read more on the current COVID-19 regulations in the Cayman Islands.