

Recognise Your Symptoms & What to Do Next

Serious Symptoms

If you develop any of these symptoms, call **911 immediately**.



Shortness of breath/difficulty breathing



Loss of speech or mobility or confusion



Chest Pains



Severe or persistent vomiting

Less Common Symptoms

If you have **any of these symptoms**, it is possible they are related to COVID-19 so please seek medical advice if they persist, worsen or are worrisome.



Sore throat



Headache



Diarrhoea



A rash on the skin or discolouration of fingers or toes



Aches and pain



Red or irritated eyes

Common Symptoms

If you have these symptoms please stay at home and contact your healthcare provider or the **Flu Hotline**. A health professional will speak to you about your symptoms, screen for travel history, and advise on what you should do next.



Fever of more than 38C or 100.4F or chills



Cough



Tiredness



New loss of smell or taste

If you have further medical questions, many resources are available on www.gov.ky/coronavirus and on www.hsa.ky/coronavirus.

Please Note:

If you develop any of these symptoms, please isolate at home. Make sure to contact your healthcare provider or the Flu Hotline at **1-800-534-8600, 947-3077** or flu@hsa.ky.

If you have a medical emergency, call 911.