



The Spa

BY THE FIVES
A PLACE FOR EVERY SENSE

TRAVESÍA KU-KU

Envoltura y masaje inspirado en la cosmovisión maya la cual busca un balance entre la unión del espíritu y la vibración del corazón.

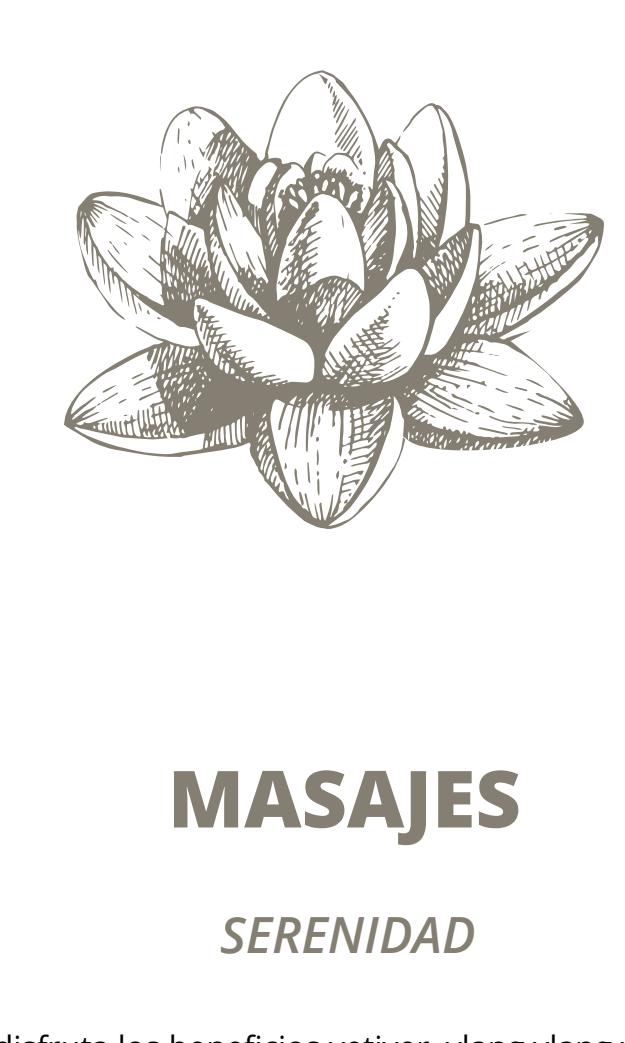
Beneficios

Nivel Físico: Activa la circulación, protege de radicales libres, humecta y suaviza la piel.

Nivel Energético: Nos trae claridad en la presencia del pensamiento junto con la expansión del corazón.

Ingredientes: miel, cacao, y canela

Tiempo: 100 Min



TRAVESÍA 5 ELEMENTOS

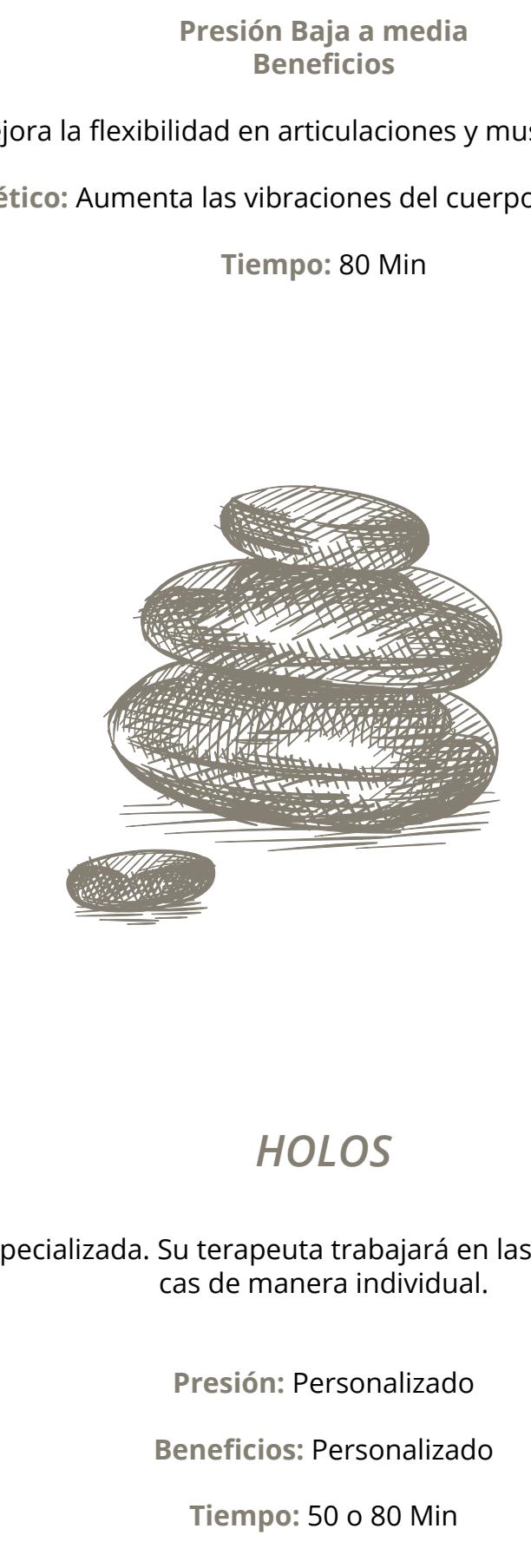
El Abhyanga es una práctica ancestral, con más de 5,000 años de antigüedad, que combina manipulaciones sincronizadas a cuatro manos que comienzan siendo suaves y van ascendiendo hasta llegar a movimientos energéticos y firmes. Mismos que ayudaran a equilibrar los doshas y a contrarrestar los efectos negativos de la debilidad y el cansancio en nuestra salud.

Beneficios

Nivel Físico: Proporciona un alto nivel de relajación mental y corporal.

Nivel Energético: Incrementa la energía en el cuerpo, mejorando la vitalidad y la inmunidad.

Tiempo: 80 Min



TRAVESÍA AH KIN

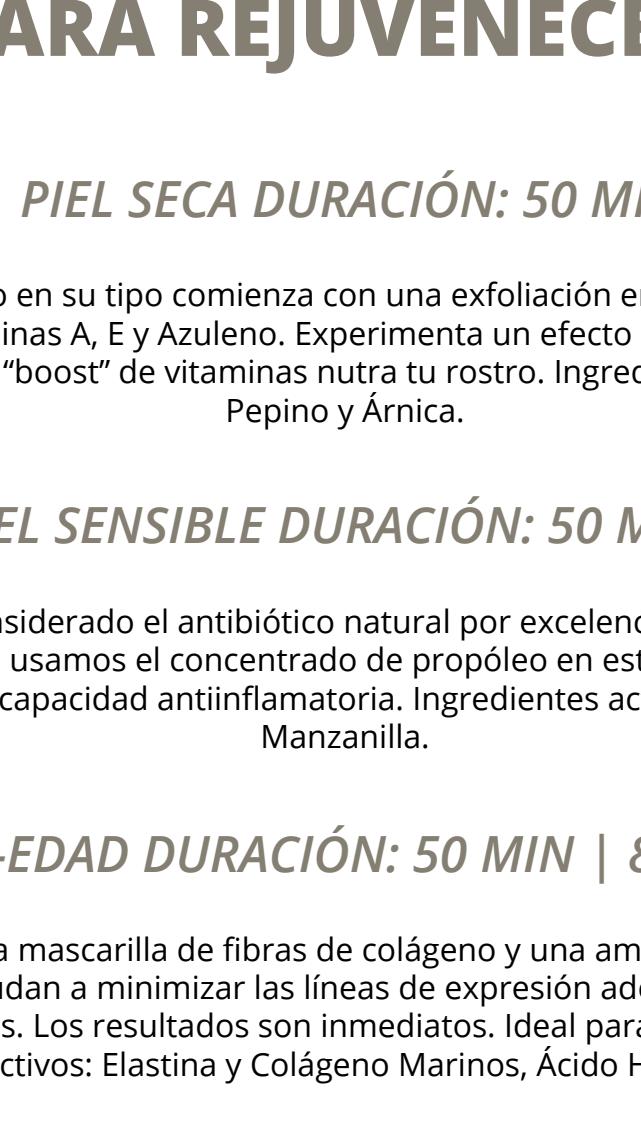
Un viaje más allá de los sentidos. Tacto, olfato y oído se unen en una melodiosa sonata con movimientos nacidos del suave y relajante ritmo del piano. La mejor forma de agradecer a tus sentidos.

Beneficios

Nivel Físico: Disminución de la ansiedad y mejoría en el flujo sanguíneo.

Nivel Energético: Ayuda a la resonancia positiva del cuerpo, ayudando a restablecer el equilibrio armónico.

Tiempo: 80 Min



MASAJES

SERENIDAD

Renuévate, relájate y disfruta los beneficios vetiver, ylang ylang y sándalo que te ayudarán a aliviar el estrés. Esta terapia mezcla los beneficios de aceites terapéuticos con estímulos físicos que te dejarán relajado y renovado.

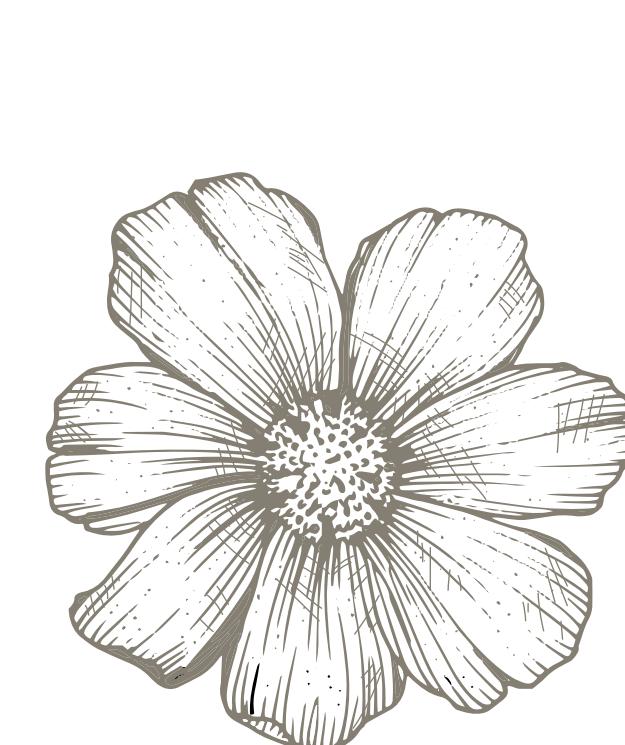
Presión ligera a media

Beneficios

Nivel Físico: Mejorará la circulación de la sangre y la oxigenación celular.

Nivel Energético: Nivela las emociones

Tiempo: 50 Min o 80 Min



ENERGÍA QUE FLUYE

Una terapia vigorizante diseñada para aliviar la tensión corporal. Su beneficio principal es otorgar alivio a los músculos. Nuestra fórmula de aceites desinflamatorios, CBD, clavo y romero reiniciarán tu mente y cuerpo. No recomendado para quienes reciben masaje por primera vez.

Presión media a alta

Beneficios

Nivel Físico: Alivia dolores, mejora la función muscular y articular.

Nivel Energético: Desbloquea canales energéticos.

Tiempo: 50 o 80 Min



CABELLO

- Peinado
- Maquillaje
- Maquillaje en Aerógrafo
- Lavado y Secado
- Corte de cabello damas
- Corte de cabello hombre
- Corte de cabello niño(a)

TRENZAS

- Una trenza
- Media cabeza
- Cabeca Completa

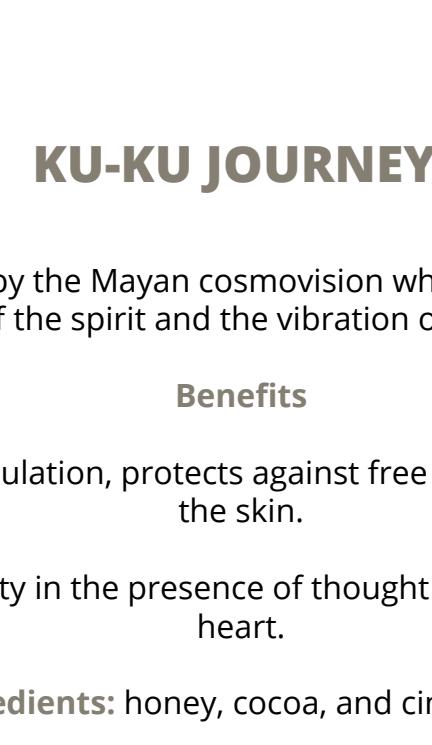
DEPILACIONES

- Depilación Facial
- Axila
- Bikini
- Media pierna
- Pierna completa
- Espalda

ALL SENSES INCLUSIVE

The Fives

OCEAN FRONT
PUERTO MORELOS



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KU-KU JOURNEY

Wrap and massage inspired by the Mayan cosmovision which seeks a balance between the union of the spirit and the vibration of the heart.

Benefits

Physical level: Activates circulation, protects against free radicals, moisturizes and softens the skin.

Energetic Level: Brings clarity in the presence of thought along with the expansion of the heart.

Ingredients: honey, cocoa, and cinnamon.

Time: 100 Min



5 ELEMENTS JOURNEY

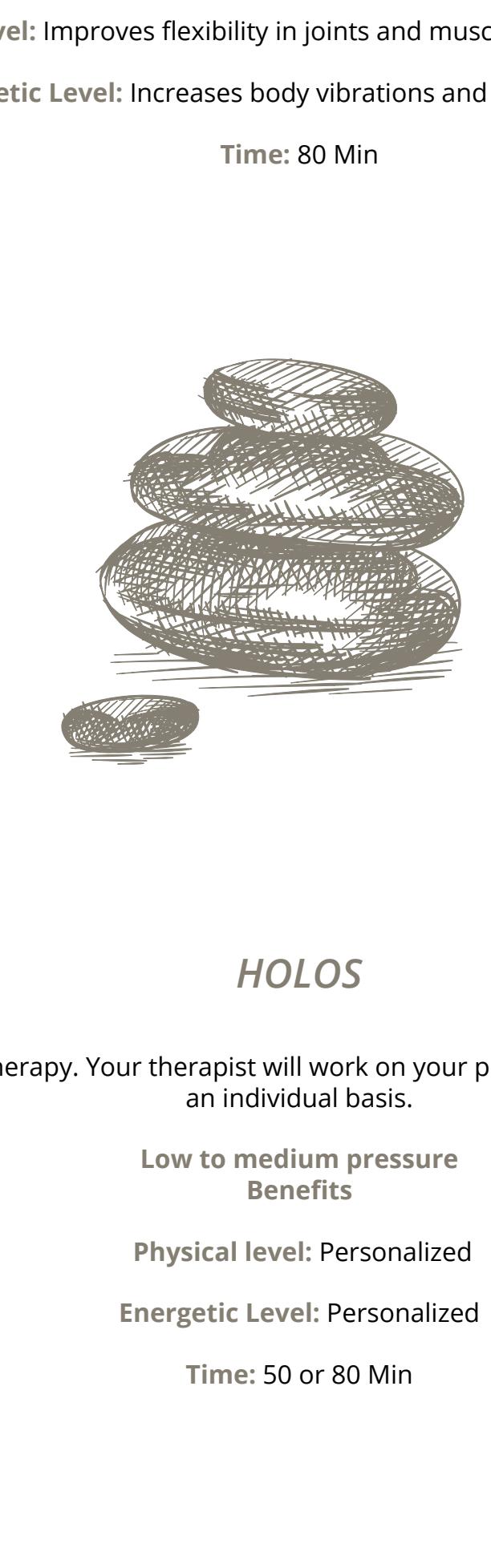
Abhyanga is an ancestral practice, over 5,000 years old, which combines a synchronized manipulations by four hands that begin soft and work their way up to energetic and firm movements helping balance the doshas and counteracting the negative effects on our health from weakness and tiredness.

Benefits

Physical level: Provides a high level of mental and corporal relaxation.

Energetic Level: Increases energy in the body, improving vitality and immunity.

Time: 80 Min



AH KIN JOURNEY

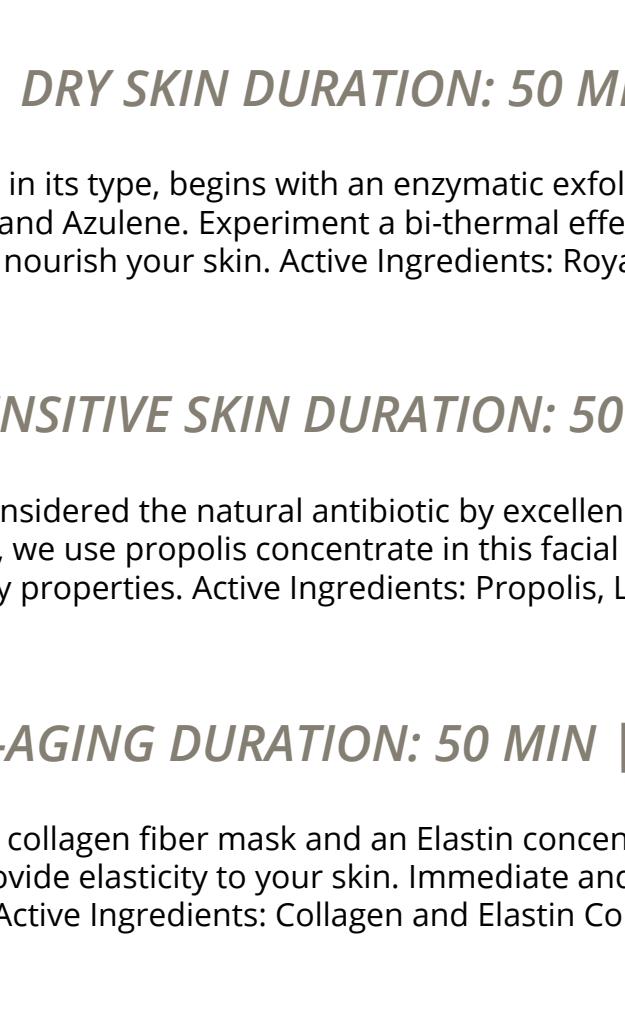
A journey beyond the senses. Touch, smell and hearing come together in a melodious sonata with movements born from the soft and relaxing rhythm of the piano. The best way to thank your senses.

Benefits

Physical level: Decreased anxiety and improved blood flow

Energetic Level: Helps the positive resonance of the body, helping to restore harmonic balance.

Time: 80 Min



MASSAGES

SERENITY

Renew yourself, relax and enjoy the benefits of vetiver, yang ylang, and sandalwood to help relieve stress. This therapy blends the benefits of therapeutic oils with physical stimuli that will leave you relaxed and refreshed.

Light to medium pressure Benefits

Physical level: Improves blood circulation and cellular oxygenation.

Energetic Level: Balance emotions.

Time: 50 or 80 Min



HEALING FLOW

An invigorating therapy designed to relieve body tension. Its main benefit is to bring relief to the muscles. Our formula of anti-inflammatory, CBD, clove, and rosemary oils will reboot your mind and body. Not recommended for first time massage recipients.

Medium to high pressure Benefits

Physical level: Relieves pain, improves muscle and joint function.

Energetic Level: Unblock energetic channels.

Time: 50 or 80 Min



HOT STONES

Vibrate with mother earth through a botanical hot stone connection. An ancestral technique that regulates the energy channels bringing a state of deep relaxation.

Low to medium pressure Benefits

Physical level: Improves flexibility in joints and muscles, eliminates toxins.

Energetic Level: Increases body vibrations and renews energy.

Time: 80 Min

HOLOS

This is a specialized therapy. Your therapist will work on your physical and energetic needs on an individual basis.

Low to medium pressure Benefits

Physical level: Personalized

Energetic Level: Personalized

Time: 50 or 80 Min

THERAPIES

SOUND BATH

Immerse yourself in a sensory journey to restore the natural frequencies of the mind, body and being with a bath of sounds that will comfort you.

REIKI

Go beyond the limits of your physical body, mastering the flow of your vital energy to free yourself from energies foreign to your being. Vibrate at the highest frequency.

JANZU

Surrounded by stunning nature in this magical place you will receive a spa treatment like you never experienced before. Janzu is a healing meditation whereby the therapist moves you in the water to allow access to a state of being. It can help you release blocked emotions and bring you to a deep relaxation.

one-hour session

Benefits: Mental - psychological - emotional

Physical level: Mental - psychological - emotional

Time: 50 or 80 Min

REJUVENECE

DRY SKIN DURATION: 50 MIN

This treatment unique in its type, begins with an enzymatic exfoliation followed by an A & E Vitaminic Concentrate and Azulene. Experiment a bi-thermal effect (warm - cold) that allows this vitamin boost to nourish your skin. Active Ingredients: Royal Jelly, Cucumber, Arnica.

SENSITIVE SKIN DURATION: 50 MIN | 80 MIN

Propolis has been considered the natural antibiotic by excellence, it's also antiseptic and antibacterial. Therefore, we use propolis concentrate in this facial to reduce redness due to its anti-inflammatory properties. Active Ingredients: Propolis, Lavender, Chamomile.

BRAIDS

• One Braid

• Half head braiding

• Full head braiding

HAIR

• Up 'do

• Make-up

• Airbrush make-up

• Wash and Blow dry

• Ladies Hair cut

• Gentleman Hair cut

• Kids Hair cut

ALL SENSES INCLUSIVE

NAIL BAR

• Gelish

• Manicure

• Spa Manicure

• Pedicure

• Spa Pedicure

• Gelish Remove

• Polish Change

WAXING

• Upper Lip, Eyebrows, Chin

• Armpit

• Bikini

• Half Leg

• Full Leg

• Back

THE FIVES

OCEANFRONT
PUERTO MORELOS

