

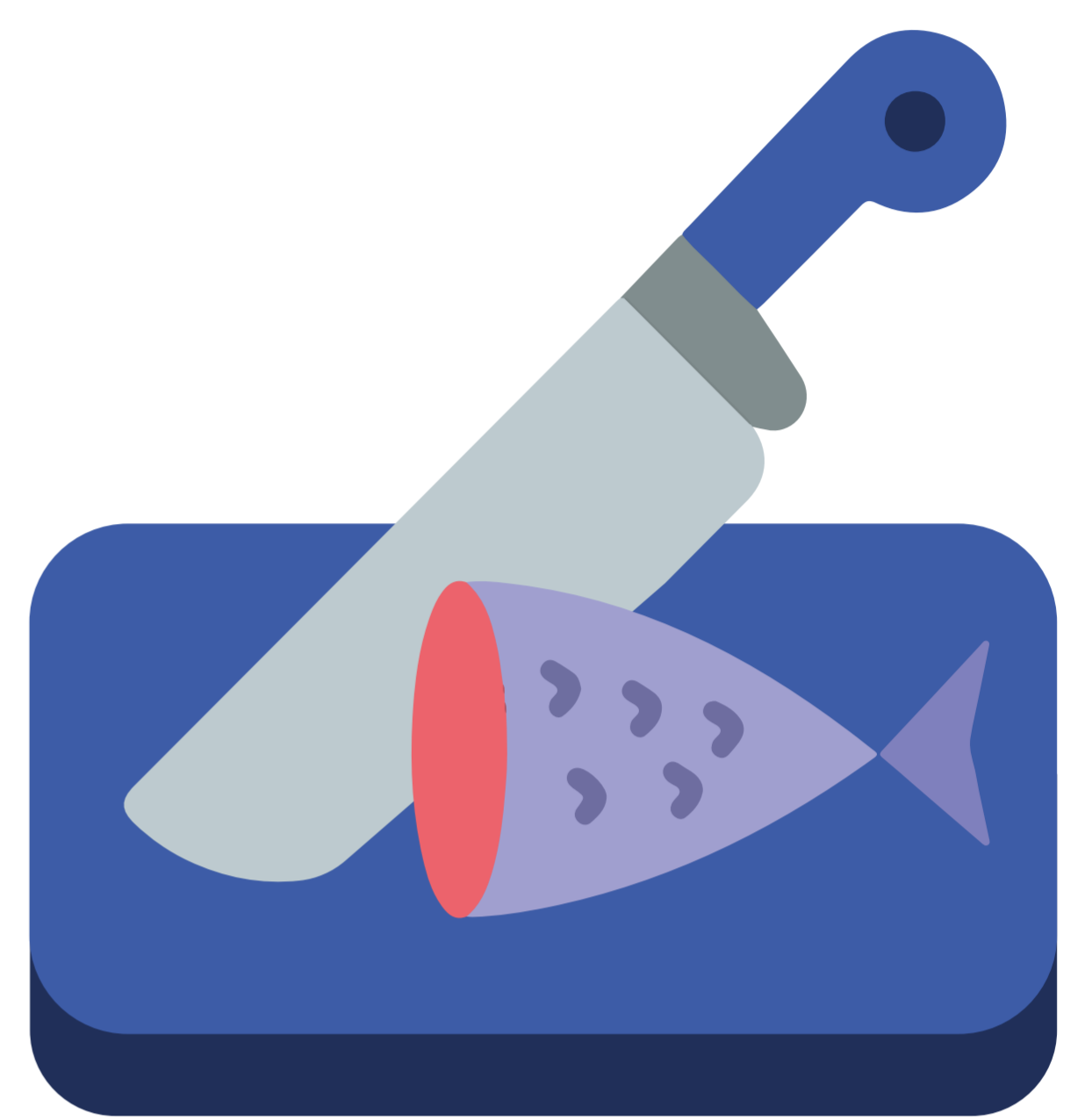
# Know your chopping boards



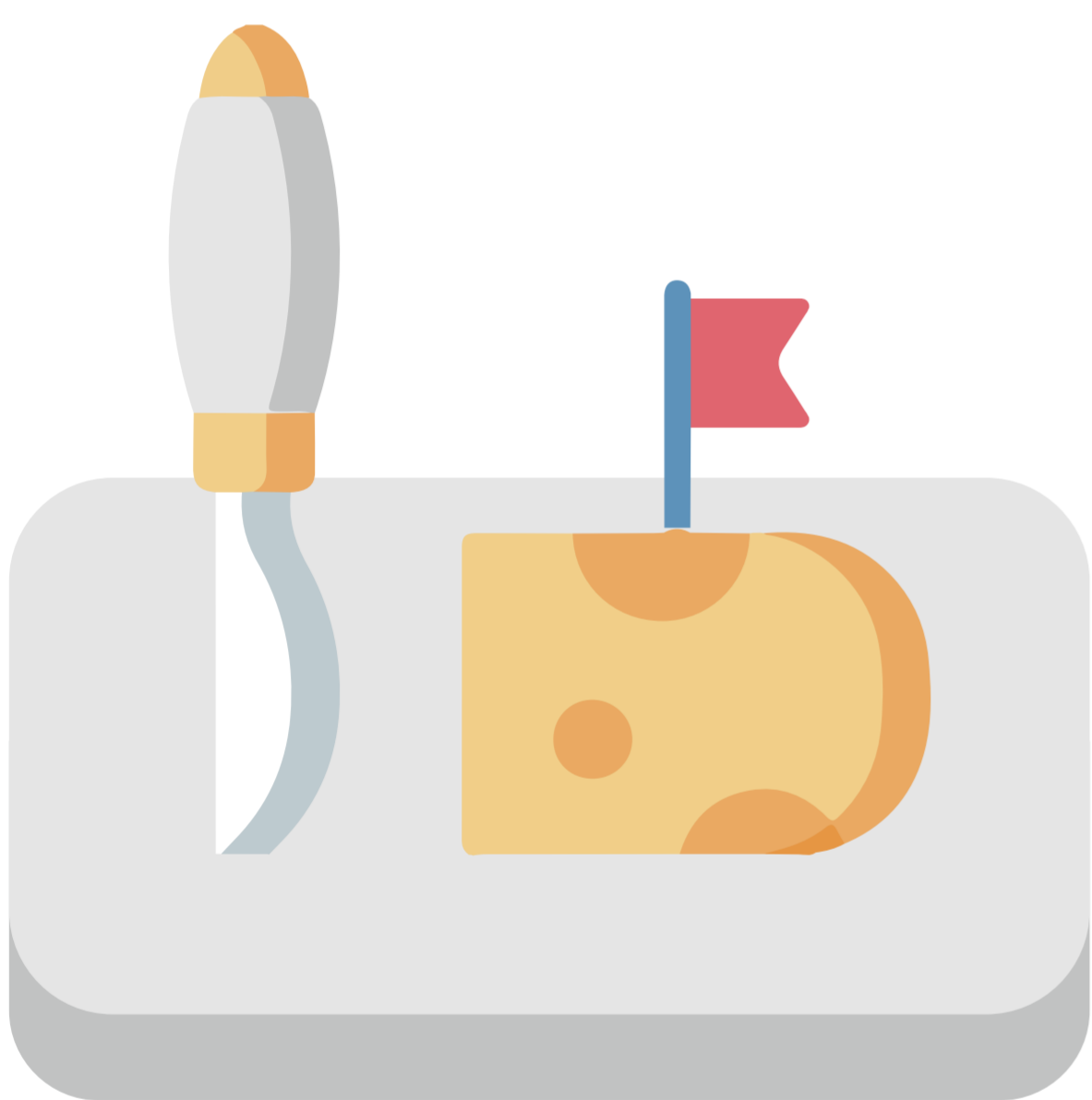
Use a **red** chopping board for raw meat and poultry.



Use a **yellow** chopping board for cooked meat and poultry.



Use a **blue** chopping board for raw fish.



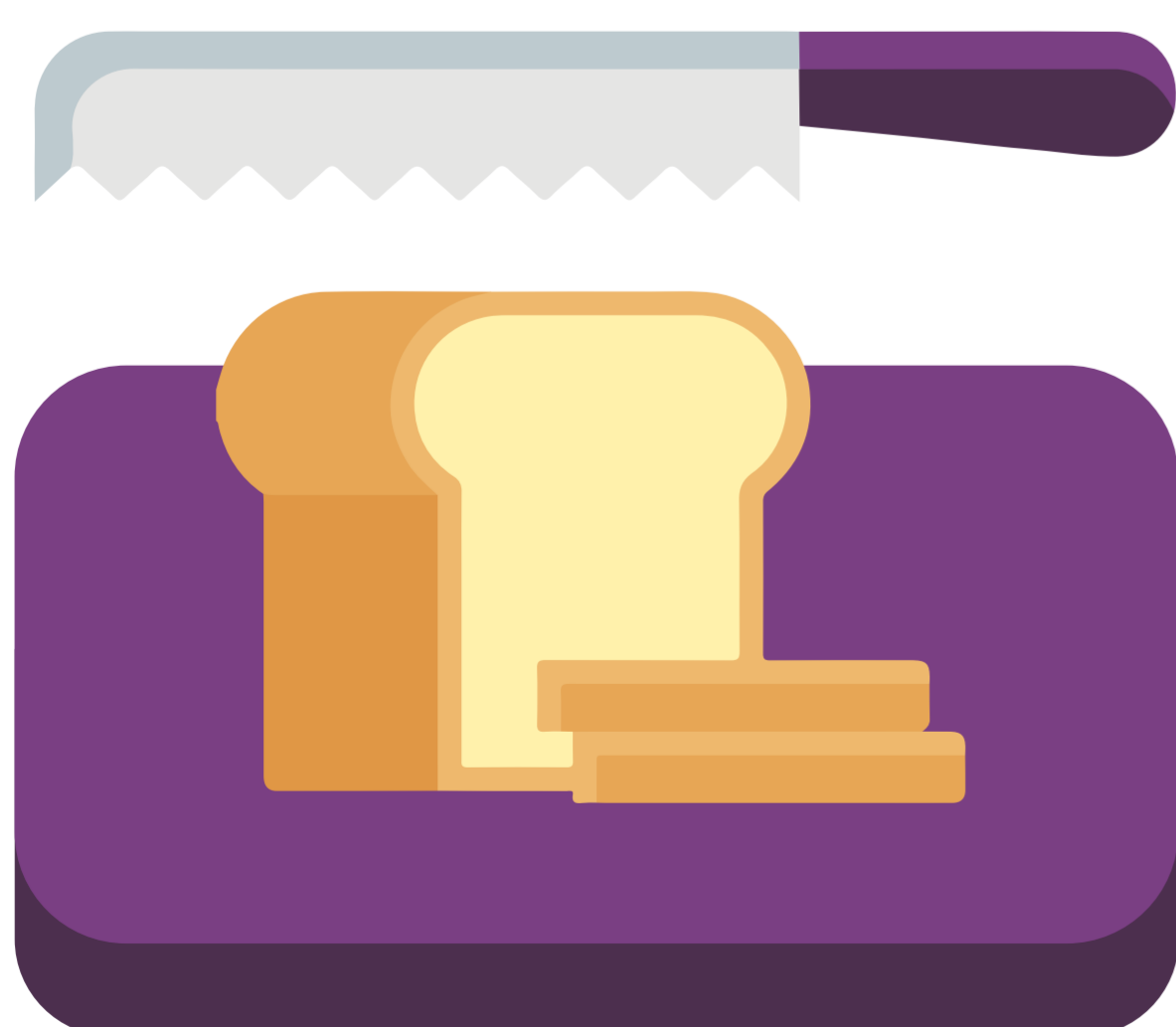
Use a **white** chopping board for dairy and bakery items.



Use a **green** chopping board for washed fruit and salad vegetables.



Use a **brown** chopping board for unwashed root vegetables.



Use a **purple** chopping board for free-form products.