

Sarah Brown

Sarah Brown is registered nurse and health care executive with a variety of experience in multiple healthcare settings with skills and experience in leadership, quality improvement, project management, process improvement, entrepreneurship, strategy, clinical excellence, partnerships, collaboration, consulting, education, program creation, grant writing, grant oversight, nursing home regulations, data analysis, and practical application of evidenced-based research.

Sarah has been in the health and aging industry since 2002. She began her career as a nursing assistant during college as she pursued her Healthcare Administration degree. Upon graduation, she worked with the Good Samaritan Society as an LNHA. From there, she moved to the Fairview Health System as a clinic manager while obtaining her nursing degree. During her time at Fairview, she moved into a performance improvement consultant role to support ACO and care protocol development while also moonlighting as an urgent care nurse. In 2011, Sarah returned to aging services, working for Presbyterian Homes and Services in a variety of clinical roles, including Grant Director, Director of Learning and Development, and Interlude Clinical Project Director. In 2014, Sarah joined the Empira, a collaborative of four aging service providers (Presbyterian Homes and Services, Volunteers of America, Cassia, and Saint Therese). Sarah served as the Executive Director reporting to the board of directors and providing oversight to the Empira team to support innovation, exploration, diffusion, and optimization of applied research that produced clinical and holistic programs and solutions to promote quality of life for older adults. Currently, Sarah has taken all that she has learned and applied her entrepreneurial spirit to several new start-ups including GatherWell Health and Lab Services, Vocate Co-working Space, and Agevocate Consulting.

Sarah is currently enrolled in a Master of Nursing Leadership program and considers herself to be a lifelong learner. She has presented at state, national, and international conferences sharing her knowledge to inspire meaningful change. Sarah serves on several committees. Her passion has always been in serving those in need with innovation and continuous improvement to better outcomes and experiences.