

Megan Trice

From Wall Street to Fortune 500 titans in the Twin Cities, Megan Trice spent over a decade leading companies to more profitable futures. She began her career in finance working with hedge funds and financial service providers in NYC. After business school, Megan landed in Minnesota joining General Mills, where she led the turnaround of several brands. In her next role at Target she continued to lead teams through difficult problems and took on some of Target's largest negotiations saving the company hundreds of millions of dollars.

In 2018, Megan founded Empower Equity Partners ("EEP") with an incredible business partner, Elizabeth Meyer. EEP empowers women to become powerful women. The company provides negotiation training, advises startups as they raise their first outside capital and coaches women as they develop ambitious growth plans for their careers and their companies.

In addition to helping women achieve their ambitions through Empower Equity Partners, Megan serves as an interim executive for several premier women-led companies in the Twin Cities: Take 12 and Louise Gray. She is also an angel investor and is involved in Pipeline Angels.