

We are so excited to bring back our Annual Kid's Triathlon for this year! You will not need to check-in on race day but you will need to make sure you have read this information, so you are ready to go! There is no packet pickup on race day!!

Masks: Masks are required in the transition area before the start of the race.

Body Marking: Triathletes will have their race number marked on their hands, arms, and legs by our event staff; this will take place at the **south entrance to the transition area on the east side of the pool**. Each participant will also have their age marked on the back of their leg.

Timing: In order to have official timings, each participant must always wear a timing chip and their race belt with race bib# attached. Timing chips will be distributed at Packet Pick Up and will be removed at the finish line by event staff. Please secure the chip with a safety pin. <u>There will be a \$40 charge for unreturned chips</u>. Race results will be posted online after the completion of the race.

Race Bib: Race bibs will be attached to the race belt this year. All athletes must wear their race bib for the bike and run portion of the race.

Bike Helmets: No triathlete will be allowed to compete without a bike helmet and closed toed shoes. NO EXCEPTIONS!

Swim: Triathletes must be able to complete the swim portion of the race unassisted. No flotation devices will be allowed, and swimmers may swim any stroke. Swimmers will start in the pool - no jumping or diving. For safety reasons and to avoid congestion, parents will not be allowed around the pool during the race.

Transition: PLEASE READ CAREFULLY This is where bikes and gear are kept for the changeover between sports. Racers may set up gear anywhere in the transition area, but please make sure that the front bike tire is racked on the bike rack. Bikes and gear for ALL competitors must be set up in the transition area before your race start time. The transition area will close 10 minutes prior to race start time. <u>ONLY ONE</u> parent <u>(mask required)</u> is allowed in the transition area during the race for the 6-7- and 8–9-year-old race - younger siblings will not be allowed in the transition area. <u>For the triathlete's safety</u>, no one, including parents, are allowed into the transition area during the race for the older kids (9-13).

What to Bring: Race belt with attached race bib, race chip, swimsuit, goggles, towel, bike, helmet, shirt, shorts, socks, running shoes, sunblock, and water.

On the Course: Only racers are allowed on the bike and running course. No parents, siblings, family, or friends can accompany a racer on the course. Doing so can disqualify a racer. Please cheer for your racer along the edge of the course.

Race Day Schedule: Please see front of map.

Races will not start prior to the listed time, but NO race will begin until all racers from the previous age group have crossed the finish line. Nobody is allowed in the transition area until the final racer is out of the running chute. ALL triathletes should plan to arrive at the race to set up their gear at least 45 minutes before their approximate race time. Please allow plenty of time to get set up, body marked, and over to the pool area. There will be NO PARKING around Jet Stream Pool, so please plan accordingly.