CALCIUM CHANNEL BLOCKERS

(eg: amlodipine, lercanidipine and diltiazem)

Medicines for high blood pressure (hypertension)

My name: My Calcium Channel Blocker medicine is called:



Active ingredient

Calcium Channel Blockers:

- lower blood pressure
- can be used for angina (chest pain) and heart rhythm problems

Women need to tell their doctor if they are:



planning a baby



pregnant



breastfeeding









Some medicines should NOT be taken with a Calcium Channel Blocker

as Calcium Channel Blockers may not be suitable

Always tell your Aboriginal Health Worker, nurse, doctor and pharmacist about all the medicines you are taking, even if you buy the medicine at the supermarket or store.



Side-effects of Calcium Channel Blockers

Some Calcium Channel Blockers can have unwanted effects, called side-effects. Side-effects do not happen to everyone and often go away after a short time.

Mild and common side-effects are:







dizziness

swollen ankles

flushing





rash

Ilustrations: Sonny Keeler and Julie Taylor, JAT Illustrational

headache

Your clinic:







