

BETA BLOCKERS (eg: atenolol and metoprolol)

Medicines for high blood pressure (hypertension)

My name:

My Beta Blocker medicine is called:

Active ingredient

Beta Blockers:

- lower blood pressure
- can be used for angina (chest pain) and heart failure
- help to protect the heart after a heart attack

People need to tell their doctor if they:



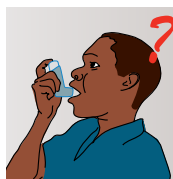
might be pregnant



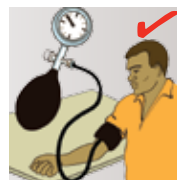
are pregnant



are breastfeeding



have asthma, breathing or short-wind problems

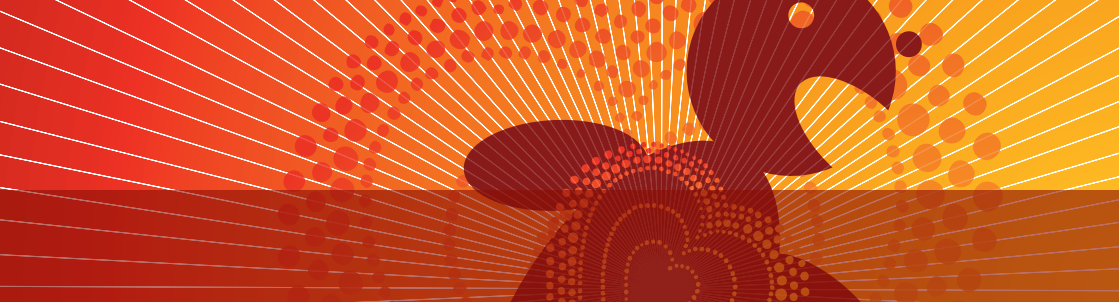


as Beta Blockers are unlikely to be suitable.

Some medicines should NOT be taken with a Beta Blocker

Always tell your Aboriginal Health Worker, nurse, doctor and pharmacist about **all** the medicines you are taking, even if you buy the medicine yourself at the supermarket or store.





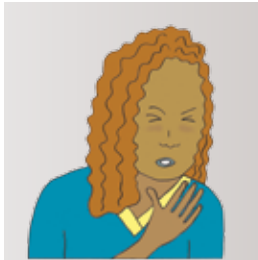
Side-effects of Beta Blockers

Beta Blockers can have unwanted effects, called side-effects. Side-effects do not happen to everyone and often go away after a short time.

Mild and common side-effects are:



dizziness



breathing troubles



tiredness



coldness in the fingers and toes



tummy trouble

IMPORTANT: Do not stop taking Beta Blocker tablets suddenly. If you do stop taking them suddenly, you may experience problems.

Talk to your Aboriginal Health Worker, nurse, doctor or pharmacist about side-effects.

Your clinic:

