



**Danila Dilba**  
Health Service

## Engaging ATSI males to our clinic



Delivered by David Adams, Men's Clinic Coordinator



## **Acknowledgement**

Danila Dilba Health Service would like to acknowledge the traditional owners of this land, the Larrakia People.

We pay our respect to the elders, past and present.



## Men's Clinic History (in brief)








The Danila Dilba Men's Centre was established in 1999

- Operated as a training centre and part-time clinic;
- The first client to present was Mr John Nundi;
- Mr Nundi was seen by Dr Geoff Stewart and David McDowall (AHW).



The Centre officially started operating as Danila Dilba Men's Clinic in 2001



# Healthy Male Lifestyle Project, 2000



**Back Row:** Joe Martin-Jaard, Dale Hurst, Patrick Burford, Jason Bonson, John Christophersen, Malcolm Laughton.

**Middle Row:** Anthony Castro, Dr Daylan Devanesen, Chris Burns, Matthew Parnaby, Michael Martin, David Parfitt.

**Front Row:** Peter Pangquee, Wes Miller, Don Carter, Zane Hughes



## **Vison Statement**

***“Danila Dilba aims to provide culturally appropriate Primary Health Care Services of the highest quality to the Aboriginal and Torres Strait Islander peoples of the Greater Darwin area”***





## **Some of our Stakeholders include:**

- Aboriginal and Torres Strait Islander males;
- Other DDHS staff;
- NT Government, Department of Health & Family;
- Foundation of Rehabilitation with Aboriginal Alcohol Related Difficulties (FORWAARD);
- Council for Aboriginal Alcohol Program Services (CAAPS);
- Top End Mental Health Services (TEMHS);
- Somerville Disability Services;
- Juninga Nursing Home;
- Western Diagnostic Pathology;
- Aboriginal Medical Service Alliance Northern Territory (AMSANT);
- Clontarf Academy;
- Stuart Park ,AMCAL, RDH and United Discount Pharmacies







## How the Men's Clinic operates

- Open Monday to Friday, 8am – 4pm;
- AHP first point-of-care policy;
- Appointment base only; see walk-ins, if possible;
- Do chronic disease management and acute illness care;
- Do Well Person Checks on new clients;
- Do annual Health Checks and 3 monthly checks;
- Provide referrals to Allied Health Services;
- Provide transport for eligible clients;
- Send clients a courtesy reminder about their appointment the day prior.







## **Men's Clinic Team consist of:**

- A Practice manager;
- A Clinic Coordinator;
- An Aboriginal Health Practitioner;
- x2 General Practitioners;
- A Customer Service Officer;
- A Counsellor.

Also hold specialist clinics with visiting Endocrinologist every 3 months





## Some of our resources, include:

- Fully equip emergency room;
- Pharmacy;
- Dry stores (dressings);
- INR machine;
- DCA Vantage Analyzer;
- CARPA Standard Treatment Manual;
- Cryotherapy;
- Patient Information System (Communicare);
- Toilet and shower for clients;
- Wheelchair access.





## **Why bother about getting ATSI males into our clinic?**

- ATSI males are at risk of developing an illness, such as, chronic diseases, cancers and sexual transmitted infections (STIs);
- A lot of ATSI males may have an illness but don't realise it;
- ATSI males have a low life expectancy rate compared to other Australian males; approximately 11.5 years lower (ABS, 2005-2007)

**We care about our ATSI brothers**

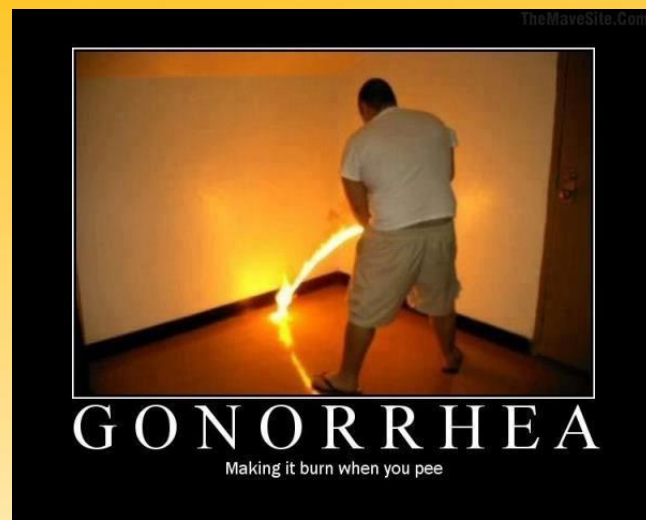






## Some barriers identified

- ATSI males will only present if they are feeling very un-well;
- Not sure where to go;
- Shame job re STIs;
- Don't want to see any women doctors, health workers and clients;
- Sick of seeing too many doctors;
- No transport;
- Keep forgetting their appointments;





## What can we do?

- Spread the word about the Men's Clinic;
  - Health promotion and education;
  - Have a yarn with male family members and friends;
  - Opportunistic approach, e.g. when you see someone limping;
  - Utilise social media, e.g. TV, radio, Facebook; etc.
- Have permanent doctors;
- Provide transportation;
- Send clients a courtesy reminder about here appointment.









## Men's Health Week Event







# NAIDOC Week Event





# Run with Dad Event







# ACCREDITED GENERAL PRACTICE

## Danila Dilba Mens Clinic

has demonstrated compliance of the RACGP Standards  
for general practices and achieved accreditation from  
Australian General Practice Accreditation Limited (AGPAL).

Accredited to 1 August 2017  
#8859

Authorised by

Dr Richard Choong  
Chair,  
Australian General Practice Accreditation Limited

ABN 60 077 563 406

Accredited against the  
RACGP Standards for  
general practices 4th Edition



RECOGNISING & REWARDING  
• QUALITY IN PRACTICE •














## Presently

- We ensure that our clinic is culturally appropriated, friendly and safe environment;
  - Our professional staff always work as a team to ensure that we provide the best service possible for our clients;
  - Our appointment schedule is fully booked out for 3 week;
  - Therefore, it will take 3 weeks to get an appointment;
  - We see 12 clients a day, plus some walk-ins;
  - We do 2 to 4 full health checks (715) a day;
  - We do health checks for Clontarf Academy;
  - We are getting new clients coming in for a check-up;
- 



## **Presently**

- We have approximately 700 clients;
- Done 4032 Episodes of Care last year.





## Incentive


Every ATSI male that has a Well Person Check or Annual Chronic Disease Review will receive a Deadly Choices Shirt.







## Feedback

- The majority of our clients are happy with the service that we provide;
  - They like seeing the same doctor;
  - They like the environment;
  - They are happy with the waiting time;
  - They like receiving the appointment reminder SMS but some prefer a phone call.
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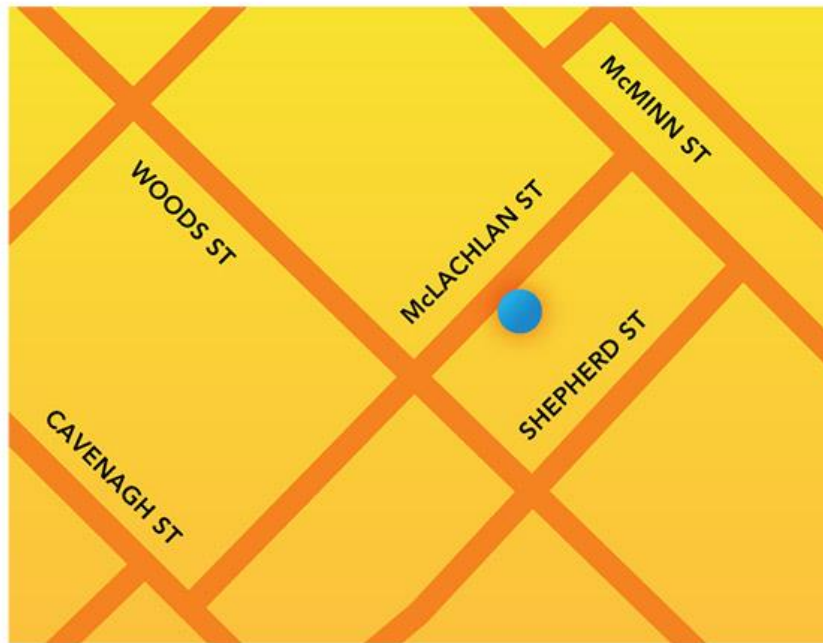


## Appreciation

Some of our clients show their appreciation for our service we provide by donating their art for the clinic.



## Contact details:



### Men's clinic

42 McLachlan St,  
Darwin NT 0800



8942 5495



*Danila Dilba*  
Health Service

Thank You

**Questions / comments**