

Why We Need

Adaptability in the Workplace!



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Adaptability is a powerful skill set related to many wellbeing outcomes like engagement and job satisfaction. When your people are adaptable, they are more resilient and open-minded, allowing them to independently and collectively better embrace change.

Our mind and body are intricately connected, which is why we take a holistic approach to people development by focusing our coaching on 12 dimensions of Productivity & Wellbeing.

Whether your company needs help avoiding burnout, building resilience, or improving retention, Talent Insurance from LeggUP is the first preventative wellbeing platform offered as an employee benefit.

Together, we can develop your people into an adaptable workforce, where employees embrace change with elastic-like energy, your teams are resilient, and your company's performance skyrockets.

**Give your people a LeggUP®
in just 3 to 4 months:**

+66%

Increased Ability to
Avoid Burnout

+50%

Improved
Communication Skills

+42%

Improved Ability to Build
Better Relationships