



Your 24/7 Doctor Access

Medium Rare offers First Stop Health telemedicine and counseling to full-time employees and your immediate family members for FREE. Talk to a doctor via phone or video for:

- Sinus Infection
- Skin Rash
- Sore Throat
- Work/Life Stress
- Anxiety
- And More



Use the last 4 digits of your SSN to log in.

You can also log in at fshealth.com or call 888-691-7867

