



## Your 24/7 Doctor Access

Mark Anderson Companies, Inc. offers First Stop Health telemedicine and counseling to all employees and your immediate family members for FREE. Talk to a doctor via phone or video for:

- Sinus Infection
- Skin Rash
- Sore Throat

- Work/Life Stress
- Anxiety
- And More





Use the last 4 digits of your SSN to log in.

