

Log in for virtual care access!

Team Rehab provides telemedicine and counseling to benefit enrolled employees and covered dependents for FREE. Here's how to get started.

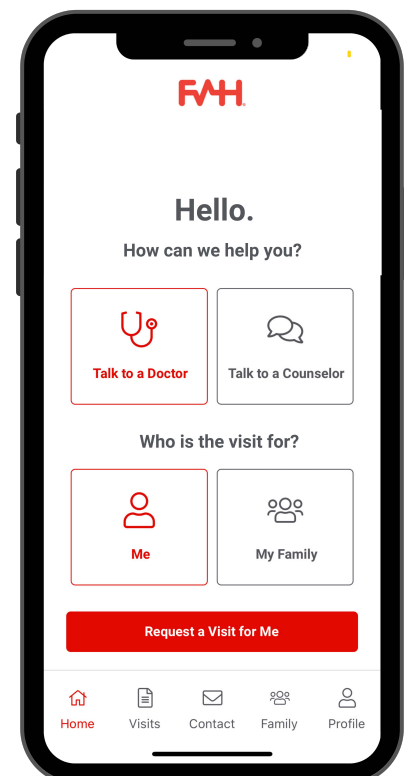
FSH Mobile App

1. Download the First Stop Health mobile app
2. Tap 'Find My Account' and set up your account using your employee ID



FSH Website

1. Go to fshealth.com
2. Click 'Log In' in the upper right, then 'Find My Account'
3. Set up your account using your employee ID



You can also just call 888-691-7867.