

Log in for virtual care access!

3Pillar Global provides telemedicine and counseling to benefits enrolled employees and covered dependents enrolled in a medical plan for FREE. Here's how to get started.

FSH Mobile App

1. Download the First Stop Health mobile app
2. Tap 'Find My Account' and set up your account using the last 4 digits of your SSN



FSH Website

1. Go to fshealth.com
2. Click 'Log In' in the upper right, then 'Find My Account'
3. Set up your account using the last 4 digits of your SSN

You can also just call 888-691-7867.

