



## **Telemedicine and Virtual Counseling from** Kenneth L. Mink & Sons beginning 1/1/2022!

Beginning January 1, you will have 24/7 access to doctors and counselors via phone or video with telemedicine and virtual counseling. Both services are provided to benefitsenrolled employees and their immediate family members for FREE.



## $\bigvee$ ? Talk to a doctor 24/7

Get treatment within minutes for minor injuries, illnesses, and prescriptions.

- Cough & Sore Throat
- Infection (Sinus, Ear, UTI, etc.)
- Skin Rash
- Muscle/Joint Pain
- Medication Refill\*



## Talk to a counselor

Sometimes, you just need someone to talk to. Talk to a licensed counselor to work through:

- **Anxiety**
- Depression
- Marital/Relationship
- Substance Use
- Work/Life Stress

"Always cordial, caring, and very upbeat! Thank you for making us feel better mentally as well as physically!" - Helen from Ohio



<sup>\*</sup>Doctors can write prescriptions when needed. Prescription costs are applicable to your medical plan.