





Slingshot provides telemedicine and counseling to all fulltime benefits eligible employees and your immediate family members for FREE. Here's how to get started.

## FSH Mobile App

- 1. Download the First Stop Health mobile app
- 2. Tap 'Find My Account' and set up your account using the last 4 digits of your SSN





## FSH Website

- 1. Go to fshealth.com
- 2. Click 'Log In' in the upper right, then 'Find My Account'
- Set up your account using the last 4 digits of your SSN

Hello.
How can we help you?

Talk to a Doctor

Who is the visit for?

Who is the visit for?

Me

My Family

Request a Visit for Me

Home

Visits Contact Family Profile

You can also just call 888-691-7867.