



# 3 easy ways to talk to a doctor or counselor

Puckett Machinery Company provides telemedicine to you and your covered dependents for FREE. Here's how to get started.



### Mobile App

- 1. Download the First Stop Health mobile app
- Tap 'Find My Account' and set up your account using the last 4 digits of your SSN





## (2)

#### Website

- 1. Go to fshealth.com
- 2. Click 'Log In' in the upper right, then 'Find My Account'
- Set up your account using the last 4 digits of your SSN



### Phone Call

1. Call 888-691-7867

